

mandag - fredag /
Monday - Friday

Spongdal skole																					14:26
Spongdal	06:39																	10:39		14:27	
Stene	06:43																	10:43		14:31	
Langlo	06:44																	10:44		14:32	
Esp Østre	06:50																	10:50		14:38	
Skjøstad	06:55																	10:55		14:43	
Grindan	06:56																	10:56		14:44	
Berg bedehus	06:57																	10:57		14:45	
Myrsund	06:59																	10:59		14:47	
Perstu	07:01																	11:01		14:49	
Haugbjørg	07:01																	11:01		14:49	
Kleivplassen	07:02																	11:02		14:50	
Lauglo	07:03																	11:03		14:51	
Ringvål	06:21		07:32	07:52	08:22	08:52	09:52		12:22	13:02	14:02	14:32		15:11	15:31	16:01	16:31	17:01	19:01	20:22	21:42
Ringvål grind	06:23	07:06	07:34	07:54	08:24	08:54	09:54	11:06	12:24	13:04	14:04	14:34	14:54	15:13	15:33	16:03	16:33	17:03	19:03	20:24	21:44
Leinbakken	06:24	07:06	07:35	07:55	08:25	08:55	09:55	11:06	12:25	13:05	14:05	14:35	14:54	15:14	15:34	16:04	16:34	17:04	19:04	20:25	21:45
Legårdsbakken	06:25	07:07	07:36	07:56	08:26	08:56	09:56	11:07	12:26	13:06	14:06	14:36	14:55	15:15	15:35	16:05	16:35	17:05	19:05	20:26	21:46
Hestsjøen	06:25	07:07	07:36	07:56	08:26	08:56	09:56	11:07	12:26	13:06	14:06	14:36	14:55	15:15	15:35	16:05	16:35	17:05	19:05	20:26	21:46
Fjøsvollan	06:26	07:08	07:37	07:57	08:27	08:57	09:57	11:08	12:27	13:07	14:07	14:37	14:56	15:16	15:36	16:06	16:36	17:06	19:06	20:27	21:47
Rørmyra	06:27	07:08	07:38	07:58	08:28	08:58	09:58	11:08	12:28	13:08	14:08	14:38	14:56	15:17	15:37	16:07	16:37	17:07	19:07	20:28	21:48
Solberg	06:28	07:10	07:39	07:59	08:29	08:59	09:59	11:10	12:29	13:09	14:09	14:39	14:58	15:18	15:38	16:08	16:38	17:08	19:08	20:29	21:49
Lund	06:29	07:11	07:40	08:00	08:30	09:00	10:00	11:11	12:30	13:10	14:10	14:40	14:59	15:19	15:39	16:09	16:39	17:09	19:09	20:30	21:50
Østre Lund 3	06:30	07:12	07:41	08:01	08:31	09:01	10:01	11:12	12:31	13:11	14:11	14:41	15:00	15:20	15:40	16:10	16:40	17:10	19:10	20:31	21:51
Åsheim skole	06:31	07:13	07:42	08:02	08:32	09:02	10:02	11:13	12:32	13:12	14:12	14:42	15:01	15:21	15:41	16:11	16:41	17:11	19:11	20:32	21:52
Heimdal stasjon	06:34	07:16	07:45	08:05	08:35	09:05	10:05	11:16	12:35	13:15	14:15	14:45	15:04	15:24	15:44	16:14	16:44	17:14	19:14	20:35	21:55

Overgang mot Trondheim sentrum er planlagt til linje 1 på Heimdal stasjon. Finn tider i app AtB og på atb.no.
Transfer towards Trondheim city center is planned with line 1 at Heimdal stasjon. Find your trip in app AtB and at atb.no.



lørdag / Saturday													søndag / Sunday								
Ringvål	06:22	08:02	09:32	11:02	12:32	14:02	15:32	17:02	18:32	20:02	21:22	23:22	11:04	12:34	14:04	15:34	17:04	18:34	20:04	21:34	23:04
Ringvål grind	06:24	08:04	09:34	11:04	12:34	14:04	15:34	17:04	18:34	20:04	21:24	23:24	11:06	12:36	14:06	15:36	17:06	18:36	20:06	21:36	23:06
Leinbakken	06:25	08:05	09:35	11:05	12:35	14:05	15:35	17:05	18:35	20:05	21:25	23:25	11:07	12:37	14:07	15:37	17:07	18:37	20:07	21:37	23:07
Legårdsbakken	06:26	08:06	09:36	11:06	12:36	14:06	15:36	17:06	18:36	20:06	21:26	23:26	11:08	12:38	14:08	15:38	17:08	18:38	20:08	21:38	23:08
Hestsjøen	06:26	08:06	09:36	11:06	12:36	14:06	15:36	17:06	18:36	20:06	21:26	23:26	11:08	12:38	14:08	15:38	17:08	18:38	20:08	21:38	23:08
Fjøsvollan	06:27	08:07	09:37	11:07	12:37	14:07	15:37	17:07	18:37	20:07	21:27	23:27	11:09	12:39	14:09	15:39	17:09	18:39	20:09	21:39	23:09
Rørmyra	06:28	08:08	09:38	11:08	12:38	14:08	15:38	17:08	18:38	20:08	21:28	23:28	11:10	12:40	14:10	15:40	17:10	18:40	20:10	21:40	23:10
Solberg	06:29	08:09	09:39	11:09	12:39	14:09	15:39	17:09	18:39	20:09	21:29	23:29	11:11	12:41	14:11	15:41	17:11	18:41	20:11	21:41	23:11
Lund	06:30	08:10	09:40	11:10	12:40	14:10	15:40	17:10	18:40	20:10	21:30	23:30	11:12	12:42	14:12	15:42	17:12	18:42	20:12	21:42	23:12
Østre Lund 3	06:31	08:11	09:41	11:11	12:41	14:11	15:41	17:11	18:41	20:11	21:31	23:31	11:13	12:43	14:13	15:43	17:13	18:43	20:13	21:43	23:13
Åsheim skole	06:32	08:12	09:42	11:12	12:42	14:12	15:42	17:12	18:42	20:12	21:32	23:32	11:14	12:44	14:14	15:44	17:14	18:44	20:14	21:44	23:14
Heimdal stasjon	06:35	08:15	09:45	11:15	12:45	14:15	15:45	17:15	18:45	20:15	21:35	23:35	11:17	12:47	14:17	15:47	17:17	18:47	20:17	21:47	23:17

Overgang mot Trondheim sentrum er planlagt til linje 1 på Heimdal stasjon. Finn tider i app AtB og på atb.no.
Transfer towards Trondheim city center is planned with line 1 at Heimdal stasjon. Find your trip in app AtB and at atb.no.



mandag - fredag /
Monday - Friday

Heimdal stasjon	07:23	07:36	08:46	09:46	10:26	11:56	13:20	14:06	14:26	14:56	15:26	15:56	16:26	16:56	18:26	19:56	21:06	22:46	23:46
Åsheim skole	07:24	07:37	08:47	09:47	10:27	11:57	13:21	14:07	14:27	14:57	15:27	15:57	16:27	16:57	18:27	19:57	21:07	22:47	23:47
Østre Lund 4	07:25	07:38	08:48	09:48	10:28	11:58	13:22	14:08	14:28	14:58	15:28	15:58	16:28	16:58	18:28	19:58	21:08	22:48	23:48
Lund	07:27	07:40	08:50	09:50	10:30	12:00	13:24	14:10	14:30	15:00	15:30	16:00	16:30	17:00	18:30	20:00	21:10	22:50	23:50
Geilmunnet	07:29	07:42	08:52	09:52	10:32	12:02	13:26	14:12	14:32	15:02	15:32	16:02	16:32	17:02	18:32	20:02	21:12	22:52	23:52
Rørmyra	07:30	07:43	08:53	09:53	10:33	12:03	13:27	14:13	14:33	15:03	15:33	16:03	16:33	17:03	18:33	20:03	21:13	22:53	23:53
Hestsjøen	07:32	07:45	08:55	09:55	10:35	12:05	13:29	14:15	14:35	15:05	15:35	16:05	16:35	17:05	18:35	20:05	21:15	22:55	23:55
Leinbakken	07:33	07:46	08:56	09:56	10:36	12:06	13:30	14:16	14:36	15:06	15:36	16:06	16:36	17:06	18:36	20:06	21:16	22:56	23:56
Ringvål grind	07:34	07:47	08:57	09:57	10:37	12:07		14:17	14:37	15:07	15:37		16:37	17:07	18:37	20:07	21:17	22:57	23:57
Ringvål	07:36	07:49	08:59	09:59	10:39	12:09		14:19	14:39	15:09	15:39		16:39	17:09	18:39	20:09	21:19	22:59	23:59
Ringvål grind	07:39						13:31					16:07							
Lauglo	07:41						13:33					16:09							
Haugbjørg	07:45						13:37					16:13							
Perstu	07:46						13:38					16:14							
Myrsund	07:48						13:40					16:16							
Sørberg							13:41					16:17							
Berg bedehus							13:42					16:18							
Grindan							13:43					16:19							
Karrosserifabrikken							13:44					16:20							
Megarden							13:46					16:22							
Esp Østre							13:49					16:25							
Langlo							13:55					16:31							
Byneset kirke							13:57					16:33							
Spondal skole	07:50																		
Spondal	07:52						14:01					16:37							

Overgang fra Trondheim sentrum er planlagt fra linje 1 eller 2 på Heimdal stasjon. Finn tider i app AtB og på atb.no.
Transfer from Trondheim city center is planned with line 1 or 2 at Heimdal stasjon. Find your trip in app AtB and at atb.no.



lørdag / Saturday													søndag / Sunday									
Heimdal stasjon	07:36	08:36	10:16	11:46	13:16	14:46	16:26	17:56	19:26	20:46	22:06	23:46	10:49	12:19	13:49	15:19	16:49	18:19	19:49	21:19	22:49	23:25
Åsheim skole	07:37	08:37	10:17	11:47	13:17	14:47	16:27	17:57	19:27	20:47	22:07	23:47	10:50	12:20	13:50	15:20	16:50	18:20	19:50	21:20	22:50	23:26
Østre Lund 4	07:38	08:38	10:18	11:48	13:18	14:48	16:28	17:58	19:28	20:48	22:08	23:48	10:51	12:21	13:51	15:21	16:51	18:21	19:51	21:21	22:51	23:27
Lund	07:40	08:40	10:20	11:50	13:20	14:50	16:30	18:00	19:30	20:50	22:10	23:50	10:53	12:23	13:53	15:23	16:53	18:23	19:53	21:23	22:53	23:29
Geilmunnet	07:42	08:42	10:22	11:52	13:22	14:52	16:32	18:02	19:32	20:52	22:12	23:52	10:55	12:25	13:55	15:25	16:55	18:25	19:55	21:25	22:55	23:31
Rørmyra	07:43	08:43	10:23	11:53	13:23	14:53	16:33	18:03	19:33	20:53	22:13	23:53	10:56	12:26	13:56	15:26	16:56	18:26	19:56	21:26	22:56	23:32
Hestsjøen	07:45	08:45	10:25	11:55	13:25	14:55	16:35	18:05	19:35	20:55	22:15	23:55	10:58	12:28	13:58	15:28	16:58	18:28	19:58	21:28	22:58	23:34
Leinbakken	07:46	08:46	10:26	11:56	13:26	14:56	16:36	18:06	19:36	20:56	22:16	23:56	10:59	12:29	13:59	15:29	16:59	18:29	19:59	21:29	22:59	23:35
Ringvål grind	07:47	08:47	10:27	11:57	13:27	14:57	16:37	18:07	19:37	20:57	22:17	23:57	11:00	12:30	14:00	15:30	17:00	18:30	20:00	21:30	23:00	23:36
Ringvål	07:49	08:49	10:29	11:59	13:29	14:59	16:39	18:09	19:39	20:59	22:19	23:59	11:02	12:32	14:02	15:32	17:02	18:32	20:02	21:32	23:02	23:38

Overgang fra Trondheim sentrum er planlagt fra linje 1 eller 2 på Heimdal stasjon. Finn tider i app AtB og på atb.no.
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