

690 Grong > Steinkjer**mandag - fredag /**
Monday - Friday**lørdag /**
Saturday**søndag /**
Sunday

Kjøres kun* / Operates only*

1234

5

| | | | | | | | |
|----------------------|---------|----------|---------|---------|---------|---------|---------|
| Grong stasjon | 06:05 B | 08:30 AB | 14:00 B | 20:00 B | 20:00 | 08:30 B | 20:00 B |
| Grong sentrum | 06:07 | 08:32 FG | 14:02 C | 20:02 | 20:02 | 08:32 | 20:02 |
| Bjørangan vegdele | 06:15 B | 08:40 | 14:10 B | 20:10 | 20:10 | 08:40 B | 20:10 |
| Vegset | 06:29 B | 08:54 B | 14:24 B | 20:25 B | 20:25 B | 08:54 B | 20:25 B |
| Nordheim | 06:35 | 09:00 | 14:30 | 20:31 | 20:31 | 09:00 | 20:31 |
| Hammer | 06:42 | 09:07 | 14:37 | 20:36 | 20:36 | 09:07 | 20:36 |
| Rygg | 06:48 | 09:13 | 14:43 | 20:41 | 20:41 | 09:13 | 20:41 |
| Kvamkorsen | 06:58 | 09:23 | 14:53 | 20:50 | 20:50 | 09:23 | 20:50 |
| Følling | 07:08 | 09:33 | 15:03 | 21:00 | 21:00 | 09:33 | 21:00 |
| Asp | 07:12 | 09:37 | 15:07 | 21:05 | 21:05 | 09:37 | 21:05 |
| Dampsaga | 07:18 | 09:43 | 15:13 | 21:11 | 21:11 | 09:43 | 21:11 |
| Steinkjer stasjon S1 | 07:20 T | 09:45 | 15:15 T | 21:15 T | 21:15 | 09:45 | 21:15 T |
| AMFI Steinkjer | 07:25 | 09:50 | 15:20 | | | 09:50 | |

A Korrespondanse 610, 611 / Corresponds with 610, 611
 B Fleksibel tilbringer / Chartered service - see atb.no
 C Korrespondanse 695 dag 1,5 / Corresponds with 695 day 1,5

F Korrespondanse 695 / Corresponds with 695
 G Korrespondanse 7904,7905 / Corresponds with 7904,7905
 T Korrespondanse tog / Corresponds with train. See sj.no

• Tabellen viser utvalgte holdeplasser. Se appen AtB eller reisepanlegger for full oversikt.
 • Dagkoder i en tabell betyr at det kun kjøres disse dager: mandag=1 / tirsdag=2 osv.



• Timetable shows selected stops. See app AtB or travel planner for a complete list.
 • Day codes in a timetable means it operates only on those days: Monday=1 / Tuesday=2 / etc.

690 Steinkjer > Grong**mandag - fredag /**
Monday - Friday**lørdag /**
Saturday**søndag /**
Sunday

| | | 15 | 234 | 5 | 1234 | | | |
|------------------------------|---------|----------|-----------|---------|---------|---------|---------|----------|
| Kjøres kun* / Operates only* | | | | | | | | |
| AMFI Steinkjer | 08:25 | 12:25 | 13:50 | 15:50 | | | 15:35 | |
| Steinkjer stasjon S3 | 08:30 T | 12:30 | 13:55 | 15:55 | 21:35 | 21:35 T | 15:40 T | 21:35 T |
| Dampsaga | 08:32 | 12:32 | 13:57 | 15:57 | 21:37 | 21:37 | 15:42 | 21:37 |
| Asp | 08:38 | 12:38 | 14:03 | 16:03 | 21:43 | 21:43 | 15:48 | 21:43 |
| Følling | 08:42 | 12:42 | 14:07 | 16:07 | 21:46 | 21:46 | 15:52 | 21:46 |
| Kvamkorsen | 08:52 | 12:52 | 14:17 | 16:17 | 21:55 | 21:55 | 16:02 | 21:55 |
| Rygg | 09:00 | 13:00 | 14:25 | 16:25 | 22:02 | 22:02 | 16:10 | 22:02 |
| Hammer | 09:09 | 13:09 | 14:34 | 16:34 | 22:09 | 22:09 | 16:19 | 22:09 |
| Nordheim | 09:13 | 13:13 | 14:38 | 16:38 | 22:13 | 22:13 | 16:23 | 22:13 |
| Vegset | 09:18 B | 13:18 B | 14:43 B | 16:45 B | 22:20 B | 22:20 B | 16:28 B | 22:20 B |
| Bjørrgan vegdele | 09:30 | 13:30 | 14:55 | 16:58 B | 22:35 B | 22:35 B | 16:40 B | 22:35 |
| Grong sentrum | 09:40 | 13:40 | 15:05 | 17:05 | 22:43 | 22:43 | 16:50 | 22:43 |
| Grong stasjon | 09:45 B | 13:45 AB | 15:10 AIB | 17:10 B | 22:50 | 22:50 E | 16:55 B | 22:50 DB |

A Korrespondanse 610, 611 / Corresponds with 610, 611

B Fleksibel tilbringer / Chartered service - see atb.no

D Korrespondanse 611 / Corresponds with 611

E Korrespondanse 611 fredager / Corresponds with 611 on Fridays

I Korrespondanse 695,7908 / Corresponds 695,7908

T Korrespondanse tog / Corresponds with train. See sj.no

