

**mandag - fredag /**  
**Monday - Friday**

S

Kjøres kun\* / Operates

Fossli Fjellhall		05:50	06:05	06:30	06:50			07:10		07:40
Stjørdal stasjon	05:30	05:59	06:14	06:39	06:59	07:05S	07:15	07:19	07:35	07:49
Tangen sør										
Trondheim lufthavn										
Svebergkrysset	05:44	06:14	06:29	06:54	07:14	07:19S	07:29	07:34	07:49	08:04
Stav	05:46	06:16	06:31	06:56	07:16	07:21S	07:31	07:36	07:51	08:06
Leistadkrysset	05:51	06:21	06:36	07:01	07:21	07:26S	07:36	07:41	07:56	08:11
Vikelvveien	05:56	06:27	06:42	07:07	07:27	07:31S	07:41	07:47	08:01	08:17
Ranheim fabrikker		06:28	06:43	07:08	07:28			07:48		08:18
Omkjøringsveien Moholt										
E-verket										
Sluppenvegen 9										
Gildheim	06:00	06:33	06:48	07:13	07:33	07:35S	07:45	07:53	08:05	08:23
Brattøra	06:04	06:37	06:52	07:17	07:37	07:39S	07:49	07:57	08:09	08:27
Trondheim S 11	06:06	06:39	06:54	07:19	07:39	07:41S	07:51	07:59	08:11	08:29
Dronningens gate D1	06:12	06:45	07:00	07:25	07:45	07:47S	07:57	08:05	08:17	08:35
Olav Kyrres gate	06:15	06:48	07:03	07:28	07:48	07:50S	08:00	08:08	08:20	08:38
Lerkendal 2	06:17	06:50	07:05	07:30	07:50	07:52S	08:02	08:10	08:22	08:40
Valøyvegen	06:21	06:54	07:09	07:34	07:54	07:56	08:06	08:14	08:26	08:44
City Syd E6										
Martin Linges veg										
Peder Morsets veg										
Heimdal stasjon										

C Korrespondanse / Corresponds with 670  
Korrespondanse / Corresponds with 670

S Kjøres uke / Operates week 27, 28, 32, 33

**311 Stjørdal - Trondheim**Gjelder fra 29. juni 2026 / v.1  
Effective from June 29th 2026 / v.1**mandag - fredag /**  
**Monday - Friday**

Kjøres kun\* / Operates

Fosslia Fjellhall	08:05								14:20	
Stjørdal stasjon	08:14	08:30	09:00	10:10	11:10	12:10B	13:22	14:00	14:29	14:45
Tangen sør										
Trondheim lufthavn			09:05	10:15	11:15	12:15				
Svebergkrysset	08:29	08:44	09:16	10:26	11:26	12:26	13:36	14:14	14:44	14:59
Stav	08:31	08:46	09:18	10:28	11:28	12:28	13:38	14:16	14:46	15:01
Leistadkrysset	08:36	08:51	09:23	10:33	11:33	12:33	13:43	14:21	14:51	15:06
Vikelvveien	08:42	08:56	09:28	10:38	11:38	12:38	13:48	14:26	14:57	15:11
Ranheim fabrikker	08:43								14:58	
Omkjøringsveien Moholt										
E-verket										
Sluppenvegen 9										
Gildheim	08:48	09:00	09:32	10:42	11:42	12:42	13:52	14:30	15:03	15:15
Brattøra	08:52	09:04	09:36	10:46	11:46	12:46	13:56	14:34	15:07	15:19
Trondheim S 11	08:54	09:06	09:38	10:48	11:48	12:48	13:58	14:36D	15:09	15:21
Dronningens gate D1	09:00	09:12A	09:44A	10:54	11:54A	12:54A	14:04A	14:42	15:15	15:27
Olav Kyrres gate	09:03	09:15	09:47	10:57	11:57	12:57	14:07	14:45	15:18	15:30
Lerkendal 2	09:05	09:17	09:49	10:59	11:59	12:59	14:09	14:47	15:20	15:32
Valøyvegen	09:09	09:21	09:53	11:03	12:03	13:03	14:13	14:51	15:24	15:36
City Syd E6										
Martin Linges veg										
Peder Morsets veg										
Heimdal stasjon										

A Korrespondanse / Corresponds with 310

D Korrespondanse / Corresponds with 340

B Korrespondanse / Corresponds with 430

# 311 Stjørdal - Trondheim

Gjelder fra 29. juni 2026 / v.1  
Effective from June 29th 2026 / v.1

mandag - fredag /  
Monday - Friday

S										
Kjøres kun* / Operates										
Fosslia Fjellhall	14:43		15:05	15:40				16:18		
Stjørdal stasjon	14:52	15:10S	15:14	15:49		16:00	16:15	16:27C	17:00B	17:30
Tangen sør	14:57				16:05	16:05	16:20		17:05	
Trondheim lufthavn	15:01									
Svebergkrysset	15:13	15:24S	15:29	16:04	16:16	16:19	16:34	16:42	17:18	17:44
Stav	15:15	15:26S	15:31	16:06		16:23	16:38	16:44	17:20	17:46
Leistadkrysset	15:20	15:31S	15:36	16:11	16:22	16:28	16:43	16:49	17:25	17:51
Vikelvveien	15:25	15:36S	15:42	16:17	16:27	16:33	16:48	16:55	17:30	17:56
Ranheim fabrikker	15:25		15:43	16:18	16:27	16:33	16:48	16:56		
Omkjøringsveien Moholt					16:32					
E-verket					16:36					
Sluppenvegen 9					16:37					
Gildheim	15:30	15:40S	15:48	16:23		16:38	16:53	17:01	17:34	18:00
Brattøra	15:35	15:44S	15:52	16:27		16:43	16:58	17:05	17:39	18:04
Trondheim S 11	15:37G	15:46S	15:54	16:29		16:44	16:59	17:07	17:40	18:06
Dronningens gate D1	15:43	15:52S	16:00	16:35		16:50	17:05A	17:13	17:46	18:12
Olav Kyrres gate	15:46	15:55S	16:03	16:38		16:53	17:08	17:16	17:49	18:15
Lerkendal 2	15:48	15:57S	16:05	16:40		16:55	17:10	17:18	17:51	18:17
Valøyvegen	15:52	16:01	16:09	16:44		17:00	17:15	17:22	17:56	18:21
City Syd E6					16:41					
Martin Linges veg					16:42					
Peder Morsets veg					16:43					
Heimdal stasjon					16:44					

A Korrespondanse / Corresponds with 310

B Korrespondanse / Corresponds with 430

C Korrespondanse / Corresponds with 670

G Korrespondanse / Corresponds with 452

S Kjøres uke / Operates week 27, 28, 32, 33

# 311 Stjørdal - Trondheim

Gjelder fra 29. juni 2026 / v.1  
Effective from June 29th 2026 / v.1

**mandag - fredag /**  
**Monday - Friday**

**lørdag /**  
**Saturday**

Kjøres kun\* / Operates

Fosslia Fjellhall											
Stjørdal stasjon	18:30	19:35B	20:30	22:30	07:55	09:55C B	11:55	12:55	13:55	14:55	
Tangen sør											
Trondheim lufthavn											
Svebergkrysset	18:44	19:49	20:44	22:44	08:09	10:09	12:09	13:09	14:09	15:09	
Stav	18:46	19:51	20:46	22:46	08:11	10:11	12:11	13:11	14:11	15:11	
Leistadkrysset	18:51	19:56	20:51	22:51	08:16	10:16	12:16	13:16	14:16	15:16	
Vikelvveien	18:56	20:01	20:56	22:56	08:21	10:21	12:21	13:21	14:21	15:21	
Ranheim fabrikker											
Omkjøringsveien Moholt											
E-verket											
Sluppenvegen 9											
Gildheim	19:00	20:05	21:00	23:00	08:25	10:25	12:25	13:25	14:25	15:25	
Brattøra	19:04	20:09	21:04	23:04	08:29	10:29	12:29	13:29	14:29	15:29	
Trondheim S 11	19:06	20:11	21:06	23:06	08:31	10:31	12:31	13:31	14:31	15:31	
Dronningens gate D1	19:12A	20:17A	21:12	23:12A	08:37	10:37A	12:37A	13:37A	14:37A	15:37	
Olav Kyrres gate	19:15	20:20	21:15	23:15	08:40	10:40	12:40	13:40	14:40	15:40	
Lerkendal 2	19:17	20:22	21:17	23:17	08:42	10:42	12:42	13:42	14:42	15:42	
Valøyvegen	19:21	20:26	21:21	23:21	08:46	10:46	12:46	13:46	14:46	15:46	
City Syd E6											
Martin Linges veg											
Peder Morsets veg											
Heimdal stasjon											

A Korrespondanse / Corresponds with 310  
Korrespondanse / Corresponds with 310

B Korrespondanse / Corresponds with 430  
C Korrespondanse / Corresponds with 670

lørdag /  
Saturdaysøndag /  
Sunday

Kjøres kun\* / Operates

Stjørdal stasjon	15:55C B	16:55	17:55	20:45	11:55	13:55	15:55	17:55	19:50C
Tangen sør									
Trondheim lufthavn									
Svebergkrysset	16:09	17:09	18:09	20:59	12:06	14:06	16:06	18:06	20:01
Stav	16:11	17:11	18:11	21:01	12:08	14:08	16:08	18:08	20:03
Leistadkrysset	16:16	17:16	18:16	21:06	12:12	14:12	16:12	18:12	20:07
Vikelvveien	16:21	17:21	18:21	21:11	12:17	14:17	16:17	18:17	20:12
Ranheim fabrikk									
Omkjøringsveien Moholt									
E-verket									
Sluppenvegen 9									
Gildheim	16:25	17:25	18:25	21:15	12:21	14:21	16:21	18:21	20:16
Brattøra	16:29	17:29	18:29	21:19	12:25	14:25	16:25	18:25	20:20
Trondheim S 11	16:31D	17:31D	18:31D	21:21	12:27D	14:27	16:27	18:27D	20:22
Dronningens gate D1	16:37A	17:37A	18:37A	21:27A	12:33	14:33A	16:33A	18:33A	20:28A
Olav Kyrres gate	16:40	17:40	18:40	21:30	12:36	14:36	16:36	18:36	20:31
Lerkendal 2	16:42	17:42	18:42	21:32	12:38	14:38	16:38	18:38	20:33
Valøyvegen	16:46	17:46	18:46	21:36	12:42	14:42	16:42	18:42	20:37

A Korrespondanse / Corresponds with 310

B Korrespondanse / Corresponds with 430

C Korrespondanse / Corresponds with 670

D Korrespondanse / Corresponds with 340

# 311 Trondheim - Stjørdal

Gjelder fra 29. juni 2026 / v.1  
Effective from June 29th 2026 / v.1

mandag - fredag /  
Monday - Friday

S

Kjøres kun\* / Operates

Heimdal stasjon						07:00				
Peder Morsets veg						07:01				
Martin Linges veg						07:02				
City Syd E6						07:04				
Sluppenvegen 8						07:09				
E-verket						07:11				
Bratsbergvegen	06:05	06:20	06:30S	06:45		07:05	07:30	08:00	08:30	09:15
Lerkendal 1	06:06	06:21	06:31S	06:46		07:06	07:31	08:01	08:31	09:16
Olav Kyrres gate	06:08	06:23	06:33S	06:48		07:08	07:33	08:03	08:33	09:18
Dronningens gate D2	06:13E	06:28	06:38S	06:53		07:13E	07:38E	08:08E	08:38	09:23
Trondheim S 14	06:17	06:32	06:42D S	06:57		07:17	07:42	08:12	08:42	09:27
Brattøra	06:18	06:33	06:43S	06:58		07:18	07:43	08:13	08:43	09:28
Gildheim	06:23	06:38	06:48S	07:03		07:23	07:48	08:18	08:48	09:33
Omkjøringsveien Moholt						07:16				
Ranheim Fabrikker E6	06:28	06:43	06:53S	07:08	07:23	07:28	07:53	08:23	08:53	09:38
Leistadkrysset	06:34	06:49	06:59S	07:14	07:28	07:34	07:59	08:29	08:59	09:44
Stav		06:54								
Svebergkrysset	06:39	06:57	07:04S	07:19	07:34	07:39	08:04	08:34	09:04	09:49
Trondheim lufthavn		07:08							09:14	09:59
Tangen sør	06:50	07:13	07:17S	07:32	07:47	07:50	08:15	08:45		
Stjørdal Torg									09:18	10:03
Stjørdal stasjon	06:56	07:18	07:23S	07:38		07:56C	08:21	08:51	09:23B	10:08
Stjørdalshallen			07:28S	07:43						
Fosslia Fjellhall			07:31	07:46						

A Korrespondanse / Corresponds with 310

D Korrespondanse / Corresponds with 340

B Korrespondanse / Corresponds with 430

E Korrespondanse / Corresponds with 350

**mandag - fredag /**  
**Monday - Friday**

S

Kjøres kun\* / Operates

Heimdal stasjon										
Peder Morsets veg										
Martin Linges veg										
City Syd E6										
Sluppenvegen 8										
E-verket										
Bratsbergvegen	10:05	11:15	12:15	13:00	13:30	14:30	15:00	15:10S	15:20	15:30
Lerkendal 1	10:06	11:16	12:16	13:01	13:31	14:31	15:01	15:11S	15:21	15:31
Olav Kyrres gate	10:08	11:18	12:18	13:03	13:33	14:33	15:03	15:13S	15:23	15:33
Dronningens gate D2	10:13	11:23	12:23	13:08	13:37	14:38	15:07	15:18S	15:28	15:37
Trondheim S 14	10:17	11:27	12:27	13:12	13:41	14:42	15:11	15:22S	15:32	15:41
Brattøra	10:18	11:28	12:28	13:13	13:42	14:43	15:12	15:23S	15:33	15:42
Gildheim	10:23	11:33	12:33	13:18	13:47	14:48	15:17	15:28S	15:38	15:47
Omkjøringsveien Moholt										
Ranheim Fabrikker E6	10:28	11:38	12:38	13:23	13:52	14:53	15:22	15:33S	15:43	15:52
Leistadkrysset	10:34	11:44	12:44	13:29	13:58	14:59	15:28	15:39S	15:49	15:58
Stav										
Svebergkrysset	10:39	11:49	12:49	13:34	14:03	15:06	15:33	15:46S	15:56	16:03
Trondheim lufthavn	10:49	11:59	12:59							
Tangen sør										
Stjørdal Torg	10:53	12:03	13:03	13:47	14:16		15:46			16:16
Stjørdal stasjon	10:58	12:08C	13:08	13:52	14:21	15:20	15:51B	16:00S	16:10	16:21
Stjørdalshallen						15:25		16:05S	16:15	
Fossli Fjellhall						15:30		16:10	16:20	

B Korrespondanse / Corresponds with 430

S Kjøres uke / Operates week 27, 28, 32, 33

C Korrespondanse / Corresponds with 670

**mandag - fredag /**  
**Monday - Friday**

Kjøres kun\* / Operates

Heimdal stasjon

Peder Morsets veg

Martin Linges veg

City Syd E6

Sluppenvegen 8

E-verket

Bratsbergvegen	15:40	15:55	16:05	16:10	16:35	16:50	17:05	17:30	18:30	19:10
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Lerkendal 1	15:41	15:56	16:06	16:11	16:36	16:51	17:06	17:31	18:31	19:11
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Olav Kyrres gate	15:43	15:58	16:08	16:13	16:38	16:53	17:08	17:33	18:33	19:13
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Dronningens gate D2	15:48	16:02	16:13	16:18E	16:43	16:58	17:13	17:38	18:38	19:18
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Trondheim S 14	15:52	16:06D	16:17	16:22	16:47	17:02	17:17	17:42	18:42	19:22
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Brattøra	15:53	16:07	16:18	16:23	16:48	17:03	17:18	17:43	18:43	19:23
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Gildheim	15:58	16:12	16:23	16:28	16:53	17:08	17:23	17:48	18:48	19:28
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Omkjøringsveien Moholt										
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Ranheim Fabrikker E6	16:03	16:17	16:28	16:33	16:58	17:13	17:28	17:53	18:53	19:33
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Leistadkrysset	16:09	16:23	16:34	16:39	17:04	17:19	17:34	17:59	18:59	19:39
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Stav										
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Svebergkrysset	16:16	16:28	16:41	16:44	17:09	17:24	17:39	18:06	19:04	19:44
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Trondheim lufthavn										
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Tangen sør				16:55						
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Stjørdal Torg		16:41			17:22	17:37	17:52		19:17	19:57
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Stjørdal stasjon	16:30	16:46C	16:55	17:01	17:27	17:42	17:57	18:20	19:22	20:02
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Stjørdalshallen	16:35		17:00					18:25		
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Fosslia Fjellhall	16:40		17:05					18:30		
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B Korrespondanse / Corresponds with 430

D Korrespondanse / Corresponds with 340

C Korrespondanse / Corresponds with 670

E Korrespondanse / Corresponds with 350

# 311 Trondheim - Stjørdal

Gjelder fra 29. juni 2026 / v.1  
Effective from June 29th 2026 / v.1

**mandag - fredag /**  
**Monday - Friday**

**lørdag /**  
**Saturday**

Kjøres kun\* / Operates

Heimdal stasjon

Peder Morsets veg

Martin Linges veg

City Syd E6

Sluppenvegen 8

E-verket

Bratsbergvegen	20:00	21:28	23:30	08:55	10:55	12:55	13:55	14:55	15:55	16:55
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Lerkendal 1	20:01	21:29	23:31	08:56	10:56	12:56	13:56	14:56	15:56	16:56
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Olav Kyrres gate	20:03	21:31	23:33	08:58	10:58	12:58	13:58	14:58	15:58	16:58
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Dronningens gate D2	20:08	21:36	23:38	09:02A	11:02A	13:02A	14:02A	15:02A	16:02A	17:02
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Trondheim S 14	20:12	21:40	23:42	09:06	11:06	13:06	14:06	15:06	16:06	17:06
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Brattøra	20:13	21:41	23:43	09:07	11:07	13:07	14:07	15:07	16:07	17:07
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Gildheim	20:18	21:46	23:48	09:12	11:12	13:12	14:12	15:12	16:12	17:12
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Omkjøringsveien Moholt										
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Ranheim Fabrikker E6	20:23	21:51	23:53	09:17	11:17	13:17	14:17	15:17	16:17	17:17
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Leistadkrysset	20:29	21:57	23:59	09:23	11:23	13:23	14:23	15:23	16:23	17:23
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Stav										
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Svebergkrysset	20:34	22:02	00:04	09:28	11:28	13:28	14:28	15:28	16:28	17:28
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Trondheim lufthavn										
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Tangen sør										
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Stjørdal Torg	20:47	22:15	00:17	09:41	11:41	13:41	14:41	15:41	16:41	17:41
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Stjørdal stasjon	20:52	22:20	00:22	09:46C B	11:46	13:46	14:46	15:46C B	16:46	17:46
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Stjørdalshallen

Fosslia Fjellhall

A Korrespondanse / Corresponds with 310

C Korrespondanse / Corresponds with 670

B Korrespondanse / Corresponds with 430

lørdag / Saturday				søndag / Sunday				
Kjøres kun* / Operates								
Bratsbergvegen	17:55	19:04	21:45	12:55	14:55	16:55	18:55	21:10
Lerkendal 1	17:56	19:05	21:46	12:56	14:56	16:56	18:56	21:11
Olav Kyrres gate	17:58	19:07	21:48	12:58	14:58	16:58	18:58	21:13
Dronningens gate D2	18:02	19:11A	21:52	13:03A	15:03A	17:03A	19:03A	21:18
Trondheim S 14	18:06	19:15	21:56	13:07	15:07	17:07	19:07	21:22
Brattøra	18:07	19:16	21:57	13:08	15:08	17:08	19:08	21:23
Gildheim	18:12	19:21	22:02	13:13	15:13	17:13	19:13	21:28
Omkjøringsveien Moholt								
Ranheim Fabrikker E6	18:17	19:26	22:07	13:18	15:18	17:18	19:18	21:33
Leistadkrysset	18:23	19:32	22:13	13:24	15:24	17:24	19:24	21:39
Stav								
Svebergkrysset	18:28	19:37	22:18	13:29	15:29	17:29	19:29	21:44
Trondheim lufthavn								
Tangen sør								
Stjørdal Torg	18:41	19:50	22:31	13:40	15:40	17:40	19:40	21:55
Stjørdal stasjon	18:46	19:55	22:36	13:45	15:45	17:45	19:45C	22:00

A Korrespondanse / Corresponds with 310

C Korrespondanse / Corresponds with 670



• Tabellens viser utvalgte holdeplasser. Se appen AtB eller reiseplanlegger for full oversikt. / Timetable shows selected stops. See app AtB or travel planner for a complete list.  
 • Dagkoder i en tabell betyr at det kun kjøres disse dager: mandag=1 / tirsdag=2 osv. / Day codes in a timetable means it operates only on those days: Monday=1 / Tuesday=2 / etc.