

2

Lund > Heimdal > Kolstad > Sentrum > Lade > Strindheim

Gjelder fra 11. august 2025 / v.1
Effective from August 11th 2025 / v.1

mandag - fredag /
Monday - Friday

Østre Lund 1	05:03	05:23	05:43	05:58	06:08		06:18		06:28		06:40		06:50		07:00		07:10		07:20		07:30				
Åsheim skole	05:04	05:24	05:44	05:59	06:09		06:19		06:29		06:41		06:51		07:01		07:11		07:21		07:31				
Heimdal stasjon	05:06	05:26	05:46	06:01	06:11		06:21		06:31		06:43		06:53		07:03		07:13		07:23		07:33				
Lyngvegen	05:08	05:28	05:48	06:03	06:13		06:23		06:33		06:45		06:55		07:05		07:15		07:25		07:35				
Skyttervegen	05:10	05:30	05:50	06:05	06:15		06:25		06:35		06:47		06:57		07:07		07:17		07:27		07:37				
Midteggen	05:11	05:31	05:51	06:06	06:16	06:21	06:26	06:31	06:36	06:42	06:48	06:53	06:58	07:03	07:08	07:13	07:18	07:23	07:28	07:33	07:38	07:43			
Casper Lundes veg	05:13	05:33	05:53	06:08	06:18	06:23	06:28	06:33	06:38	06:44	06:50	06:55	07:00	07:05	07:10	07:15	07:20	07:25	07:30	07:35	07:40	07:45			
Saupstadsenteret	05:14	05:34	05:54	06:09	06:19	06:24	06:29	06:34	06:39	06:45	06:51	06:56	07:01	07:06	07:11	07:16	07:21	07:26	07:31	07:36	07:41	07:46			
Husebytunet 1	05:15	05:35	05:55	06:10	06:20	06:26	06:30	06:36	06:40	06:47	06:53	06:58	07:03	07:08	07:13	07:18	07:23	07:28	07:33	07:38	07:43	07:48			
Bjørndalstoppen	05:16	05:36	05:56	06:11	06:21	06:27	06:31	06:37	06:41	06:48	06:54	06:59	07:04	07:09	07:14	07:19	07:24	07:29	07:34	07:39	07:44	07:49			
Bjørndalsbrua	05:17	05:37	05:57	06:12	06:22	06:28	06:32	06:38	06:42	06:49	06:55	07:00	07:05	07:10	07:15	07:20	07:25	07:30	07:35	07:40	07:45	07:50			
Tonstadkrysset 1	05:19	05:39	05:59	06:14	06:24	06:30	06:34	06:40	06:44	06:51	06:57	07:02	07:07	07:12	07:17	07:22	07:27	07:32	07:37	07:42	07:47	07:52			
Sluppen	05:23	05:43	06:03	06:18	06:28	06:34	06:38	06:44	06:48	06:55	07:01	07:06	07:11	07:16	07:21	07:26	07:31	07:36	07:41	07:46	07:51	07:56			
Bratsbergvegen	05:24	05:44	06:04	06:19	06:29	06:35	06:39	06:45	06:49	06:56	07:02	07:07	07:12	07:17	07:22	07:27	07:32	07:37	07:42	07:47	07:52	07:57			
Valøyvegen	05:25	05:45	06:05	06:20	06:30	06:36	06:40	06:46	06:50	06:57	07:03	07:08	07:13	07:18	07:23	07:28	07:33	07:38	07:43	07:48	07:53	07:58			
Lerkendal 1	05:26	05:46	06:06	06:21	06:31	06:37	06:41	06:47	06:51	06:58	07:04	07:09	07:14	07:19	07:24	07:29	07:34	07:39	07:44	07:49	07:54	07:59			
Hesthagen	05:27	05:47	06:07	06:22	06:32	06:39	06:42	06:49	06:52	07:00	07:06	07:11	07:16	07:21	07:26	07:31	07:36	07:41	07:46	07:51	07:56	08:01			
Studentsamfundet 1	05:29	05:49	06:09	06:24	06:34	06:41	06:44	06:51	06:54	07:02	07:08	07:13	07:18	07:23	07:28	07:33	07:38	07:43	07:48	07:53	07:58	08:03			
Nidarosdomen	05:30	05:50	06:10	06:25	06:35	06:42	06:45	06:52	06:55	07:03	07:09	07:14	07:19	07:24	07:29	07:34	07:39	07:44	07:49	07:54	07:59	08:04			
Prinsens gate P2	05:32	05:52	06:12	06:27	06:37	06:44	06:47	06:54	06:57	07:05	07:11	07:16	07:21	07:26	07:31	07:36	07:41	07:46	07:51	07:56	08:01	08:06			
Søndre gate	05:35	05:55	06:15	06:30	06:40	06:47	06:50	06:57	07:00	07:08	07:14	07:19	07:24	07:29	07:34	07:39	07:44	07:49	07:54	07:59	08:04	08:09			
Trondheim S 13	05:36	05:56	06:16	06:31	06:41	06:48	06:51	06:58	07:01	07:09	07:15	07:20	07:25	07:30	07:35	07:40	07:45	07:50	07:55	08:00	08:05	08:10			
Dyre Halses gate	05:38	05:58	06:18	06:33	06:43	06:50	06:53	07:00	07:03	07:11	07:17	07:22	07:27	07:32	07:37	07:42	07:47	07:52	07:57	08:02	08:07	08:12			
Ladeveien	05:42	06:02	06:22	06:37	06:48	06:55	06:58	07:05	07:08	07:16	07:22	07:27	07:32	07:37	07:42	07:47	07:52	07:57	08:02	08:07	08:12	08:17			
Ingemann Torps vei	05:44	06:04	06:24	06:39	06:50	06:57	07:00	07:07	07:10	07:18	07:24	07:29	07:34	07:39	07:44	07:49	07:54	07:59	08:04	08:09	08:14	08:19			
Lade idrettsanlegg	05:45	06:05	06:25	06:40	06:51	06:58	07:01	07:08	07:11	07:19	07:25	07:30	07:35	07:40	07:45	07:50	07:55	08:00	08:05	08:10	08:15	08:20			
Haakon VII gate 25	05:47	06:07	06:27	06:42	06:53	07:01	07:03	07:11	07:13	07:22	07:28	07:33	07:38	07:43	07:48	07:53	07:58	08:03	08:08	08:13	08:18	08:23			
Strindheim 4	05:48	06:08	06:28	06:43	06:55	07:03	07:05	07:13	07:15	07:24	07:30	07:35	07:40	07:45	07:50	07:55	08:00	08:05	08:10	08:15	08:20	08:25			

• Tabellen viser utvalgte holdeplasser. Se app AtB eller reisepanlegger for komplett oversikt.
• Tidligste passeringstider: I perioder med mye trafikk vil bussen kunne passere noen minutter senere.



• Timetable shows selected stops. Se app AtB or travel planner for a complete list.
• Earliest departure: During peak hours, the bus may depart a few minutes later.

mandag - fredag /
Monday - Friday

								Min fom 08:48 tom 12:58												Min fom 14:00 tom 15:50			
Østre Lund 1	07:40	07:50	08:00	08:11	08:21	08:29	08:39	48	58	08	18	28	38	13:09	13:19	13:29	13:39	13:50	00	10			
Åsheim skole	07:41	07:51	08:01	08:12	08:22	08:30	08:40	49	59	09	19	29	39	13:10	13:20	13:30	13:40	13:51	01	11			
Heimdal stasjon	07:43	07:53	08:03	08:14	08:24	08:32	08:42	51	01	11	21	31	41	13:12	13:22	13:32	13:42	13:53	03	13			
Lyngvegen	07:45	07:55	08:05	08:16	08:26	08:34	08:44	53	03	13	23	33	43	13:14	13:24	13:34	13:44	13:55	05	15			
Skyttervegen	07:47	07:57	08:07	08:18	08:28	08:36	08:46	55	05	15	25	35	45	13:16	13:26	13:36	13:46	13:57	07	17			
Midteggen	07:48	07:58	08:08	08:19	08:29	08:37	08:47	56	06	16	26	36	46	13:17	13:27	13:37	13:47	13:58	08	18			
Casper Lundes veg	07:50	08:00	08:10	08:21	08:31	08:39	08:49	58	08	18	28	38	48	13:19	13:29	13:39	13:49	14:00	10	20			
Saupstadsenteret	07:51	08:01	08:11	08:22	08:32	08:40	08:50	59	09	19	29	39	49	13:20	13:30	13:40	13:50	14:01	11	21			
Husebytunet 1	07:53	08:03	08:13	08:23	08:33	08:41	08:51	00	10	20	30	40	50	13:21	13:31	13:41	13:51	14:02	13	18	23	28	
Bjørndalstoppen	07:54	08:04	08:14	08:24	08:34	08:42	08:52	01	11	21	31	41	51	13:22	13:32	13:42	13:52	14:03	14	19	24	29	
Bjørndalsbrua	07:55	08:05	08:15	08:25	08:35	08:43	08:53	02	12	22	32	42	52	13:23	13:33	13:43	13:53	14:04	15	20	25	30	
Tonstadkrysset 1	07:57	08:07	08:17	08:27	08:37	08:45	08:55	04	14	24	34	44	54	13:25	13:35	13:45	13:55	14:06	17	22	27	32	
Sluppen	08:01	08:11	08:21	08:31	08:41	08:49	08:59	08	18	28	38	48	58	13:29	13:39	13:49	13:59	14:10	21	26	31	36	
Bratsbergvegen	08:02	08:12	08:22	08:32	08:42	08:50	09:00	09	19	29	39	49	59	13:30	13:40	13:50	14:00	14:11	22	27	32	37	
Valøyvegen	08:03	08:13	08:23	08:33	08:43	08:51	09:01	10	20	30	40	50	00	13:31	13:41	13:51	14:01	14:12	23	28	33	38	
Lerkendal 1	08:04	08:14	08:24	08:34	08:44	08:52	09:02	11	21	31	41	51	01	13:32	13:42	13:52	14:02	14:13	24	29	34	39	
Hesthagen	08:06	08:16	08:26	08:35	08:45	08:53	09:03	12	22	32	42	52	02	13:33	13:43	13:53	14:03	14:14	26	31	36	41	
Studentersamfundet 1	08:08	08:18	08:28	08:37	08:47	08:55	09:05	14	24	34	44	54	04	13:35	13:45	13:55	14:05	14:16	28	33	38	43	
Nidarosdomen	08:09	08:19	08:29	08:38	08:48	08:56	09:06	15	25	35	45	55	05	13:36	13:46	13:56	14:06	14:17	29	34	39	44	
Prinsens gate P2	08:11	08:21	08:31	08:40	08:50	08:58	09:08	17	27	37	47	57	07	13:38	13:48	13:58	14:08	14:19	31	36	41	46	
Søndre gate	08:14	08:24	08:34	08:43	08:53	09:01	09:11	20	30	40	50	00	10	13:41	13:51	14:01	14:11	14:22	34	39	44	49	
Trondheim S 13	08:15	08:25	08:35	08:44	08:54	09:02	09:12	21	31	41	51	01	11	13:42	13:52	14:02	14:12	14:23	35	40	45	50	
Dyre Halses gate	08:17	08:27	08:37	08:46	08:56	09:04	09:14	23	33	43	53	03	13	13:44	13:54	14:04	14:14	14:25	37	42	47	52	
Ladeveien	08:22	08:32	08:42	08:51	09:01	09:09	09:19	28	38	48	58	08	18	13:49	13:59	14:09	14:19	14:30	42	47	52	57	
Ingemann Torps vei	08:24	08:34	08:44	08:53	09:03	09:11	09:21	30	40	50	00	10	20	13:51	14:01	14:11	14:21	14:32	44	49	54	59	
Lade idrettsanlegg	08:25	08:35	08:45	08:54	09:04	09:12	09:22	31	41	51	01	11	21	13:52	14:02	14:12	14:22	14:33	45	50	55	00	
Haakon VII gate 25	08:28	08:38	08:48	08:56	09:06	09:14	09:24	33	43	53	03	13	23	13:54	14:04	14:14	14:24	14:35	48	53	58	03	
Strindheim 4	08:30	08:40	08:50	08:58	09:08	09:16	09:26	35	45	55	05	15	25	13:56	14:06	14:16	14:26	14:37	50	55	00	05	

• Tabellen viser utvalgte holdeplasser. Se app AtB eller reisepanlegger for komplett oversikt.
• Tidligste passeringstider: I perioder med mye trafikk vil bussen kunne passere noen minutter senere.



• Timetable shows selected stops. Se app AtB or travel planner for a complete list.
• Earliest departure: During peak hours, the bus may depart a few minutes later.

mandag - fredag /
Monday - Friday

Min fom 14:00 tom 15:50																				Min fom 17:38 tom 20:08			
Østre Lund 1	20	30	40	50						16:00	16:10	16:20	16:30	16:40	16:50	17:00	17:09	17:19	17:29	38	48	58	08
Åsheim skole	21	31	41	51						16:01	16:11	16:21	16:31	16:41	16:51	17:01	17:10	17:20	17:30	39	49	59	09
Heimdal stasjon	23	33	43	53						16:03	16:13	16:23	16:33	16:43	16:53	17:03	17:12	17:22	17:32	41	51	01	11
Lyngvegen	25	35	45	55						16:05	16:15	16:25	16:35	16:45	16:55	17:05	17:14	17:24	17:34	43	53	03	13
Skyttervegen	27	37	47	57						16:07	16:17	16:27	16:37	16:47	16:57	17:07	17:16	17:26	17:36	45	55	05	15
Midteggen	28	38	48	58						16:08	16:18	16:28	16:38	16:48	16:58	17:08	17:17	17:27	17:37	46	56	06	16
Casper Lundes veg	30	40	50	00						16:10	16:20	16:30	16:40	16:50	17:00	17:10	17:19	17:29	17:39	48	58	08	18
Saupstadsenteret	31	41	51	01						16:11	16:21	16:31	16:41	16:51	17:01	17:11	17:20	17:30	17:40	49	59	09	19
Husebytunet 1	33	38	43	48	53	58	03	08	16:13	16:23	16:33	16:43	16:53	17:03	17:13	17:21	17:31	17:41	50	00	10	20	
Bjørndalstoppen	34	39	44	49	54	59	04	09	16:14	16:24	16:34	16:44	16:54	17:04	17:14	17:22	17:32	17:42	51	01	11	21	
Bjørndalsbrua	35	40	45	50	55	00	05	10	16:15	16:25	16:35	16:45	16:55	17:05	17:15	17:23	17:33	17:43	52	02	12	22	
Tonstadkrysset 1	37	42	47	52	57	02	07	12	16:17	16:27	16:37	16:47	16:57	17:07	17:17	17:25	17:35	17:45	54	04	14	24	
Sluppen	41	46	51	56	01	06	11	16	16:21	16:31	16:41	16:51	17:01	17:11	17:21	17:29	17:39	17:49	58	08	18	28	
Bratsbergvegen	42	47	52	57	02	07	12	17	16:22	16:32	16:42	16:52	17:02	17:12	17:22	17:30	17:40	17:50	59	09	19	29	
Valøyvegen	43	48	53	58	03	08	13	18	16:23	16:33	16:43	16:53	17:03	17:13	17:23	17:31	17:41	17:51	00	10	20	30	
Lerkendal 1	44	49	54	59	04	09	14	19	16:24	16:34	16:44	16:54	17:04	17:14	17:24	17:32	17:42	17:52	01	11	21	31	
Hesthagen	46	51	56	01	06	11	16	21	16:26	16:36	16:46	16:56	17:06	17:16	17:26	17:33	17:43	17:53	02	12	22	32	
Studentersamfundet 1	48	53	58	03	08	13	18	23	16:28	16:38	16:48	16:58	17:08	17:18	17:28	17:35	17:45	17:55	04	14	24	34	
Nidarosdomen	49	54	59	04	09	14	19	24	16:29	16:39	16:49	16:59	17:09	17:19	17:29	17:36	17:46	17:56	05	15	25	35	
Prinsens gate P2	51	56	01	06	11	16	21	26	16:31	16:41	16:51	17:01	17:11	17:21	17:31	17:38	17:48	17:58	07	17	27	37	
Søndre gate	54	59	04	09	14	19	24	29	16:34	16:44	16:54	17:04	17:14	17:24	17:34	17:41	17:51	18:01	10	20	30	40	
Trondheim S 13	55	00	05	10	15	20	25	30	16:35	16:45	16:55	17:05	17:15	17:25	17:35	17:42	17:52	18:02	11	21	31	41	
Dyre Halses gate	57	02	07	12	17	22	27	32	16:37	16:47	16:57	17:07	17:17	17:27	17:37	17:44	17:54	18:04	13	23	33	43	
Ladeveien	02	07	12	17	22	27	32	37	16:42	16:52	17:02	17:12	17:22	17:32	17:42	17:49	17:59	18:09	18	28	38	48	
Ingemann Torps vei	04	09	14	19	24	29	34	39	16:44	16:54	17:04	17:14	17:24	17:34	17:44	17:51	18:01	18:11	20	30	40	50	
Lade idrettsanlegg	05	10	15	20	25	30	35	40	16:45	16:55	17:05	17:15	17:25	17:35	17:45	17:52	18:02	18:12	21	31	41	51	
Haakon VII gate 25	08	13	18	23	28	33	38	43	16:48	16:58	17:08	17:18	17:28	17:38	17:48	17:54	18:04	18:14	23	33	43	53	
Strindheim 4	10	15	20	25	30	35	40	45	16:50	17:00	17:10	17:20	17:30	17:40	17:50	17:56	18:06	18:16	25	35	45	55	

• Tabellen viser utvalgte holdeplasser. Se app AtB eller reisepanlegger for komplett oversikt.
• Tidligste passeringstider: I perioder med mye trafikk vil bussen kunne passere noen minutter senere.



• Timetable shows selected stops. Se app AtB or travel planner for a complete list.
• Earliest departure: During peak hours, the bus may depart a few minutes later.

mandag - fredag /
Monday - Friday

	Min fom 17:38 tom 20:08		Min fom 20:44 tom 23:44				
Østre Lund 1	18	28	20:24	44	04	24	
Åsheim skole	19	29	20:25	45	05	25	
Heimdal stasjon	21	31	20:27	47	07	27	
Lyngvegen	23	33	20:29	49	09	29	
Skyttervegen	25	35	20:31	51	11	31	
Midteggan	26	36	20:32	52	12	32	
Casper Lundes veg	28	38	20:34	54	14	34	
Saupstadsenteret	29	39	20:35	55	15	35	
Husebytunet 1	30	40	20:36	56	16	36	
Bjørndalstoppen	31	41	20:37	57	17	37	
Bjørndalsbrua	32	42	20:38	58	18	38	
Tonstadkrysset 1	34	44	20:40	00	20	40	
Sluppen	38	48	20:44	04	24	44	
Bratsbergvegen	39	49	20:45	05	25	45	
Valøyvegen	40	50	20:46	06	26	46	
Lerkendal 1	41	51	20:47	07	27	47	
Hesthagen	42	52	20:48	08	28	48	
Studentersamfundet 1	44	54	20:50	10	30	50	
Nidarosdomen	45	55	20:51	11	31	51	
Prinsens gate P2	47	57	20:53	13	33	53	
Søndre gate	50	00	20:56	16	36	56	
Trondheim S 13	51	01	20:57	17	37	57	
Dyre Halses gate	53	03	20:59	19	39	59	
Ladeveien	58	08	21:04	23	43	03	
Ingemann Torps vei	00	10	21:06	25	45	05	
Lade idrettsanlegg	01	11	21:07	26	46	06	
Haakon VII gate 25	03	13	21:09	28	48	08	
Strindheim 4	05	15	21:11	29	49	09	

• Tabellen viser utvalgte holdeplasser. Se app AtB eller reisepanlegger for komplett oversikt.
• Tidligste passeringstider: I perioder med mye trafikk vil bussen kunne passere noen minutter senere.



• Timetable shows selected stops. Se app AtB or travel planner for a complete list.
• Earliest departure: During peak hours, the bus may depart a few minutes later.

lørdag /
Saturday

	Min fom 06:03 tom 07:43						Min fom 08:58 tom 10:28						Min fom 10:38 tom 12:28						Min fom 12:38 tom 17:58			
Østre Lund 1	03	23	43	07:58	08:18	08:38	58	08	18	28	38	48	38	48	58	08	18	28	38	48	58	08
Åsheim skole	04	24	44	07:59	08:19	08:39	59	09	19	29	39	49	39	49	59	09	19	29	39	49	59	09
Heimdal stasjon	06	26	46	08:01	08:21	08:41	01	11	21	31	41	51	41	51	01	11	21	31	41	51	01	11
Lyngvegen	08	28	48	08:03	08:23	08:43	03	13	23	33	43	53	43	53	03	13	23	33	43	53	03	13
Skyttervegen	10	30	50	08:05	08:25	08:45	05	15	25	35	45	55	45	55	05	15	25	35	45	55	05	15
Midteggen	11	31	51	08:06	08:26	08:46	06	16	26	36	46	56	46	56	06	16	26	36	46	56	06	16
Casper Lundes veg	13	33	53	08:08	08:28	08:48	08	18	28	38	48	58	48	58	08	18	28	38	48	58	08	18
Saupstadsenteret	14	34	54	08:09	08:29	08:49	09	19	29	39	49	59	49	59	09	19	29	39	49	59	09	19
Husebytunet 1	15	35	55	08:10	08:30	08:50	10	20	30	40	50	00	50	00	10	20	30	40	50	00	10	20
Bjørndalstoppen	16	36	56	08:11	08:31	08:51	11	21	31	41	51	01	51	01	11	21	31	41	51	01	11	21
Bjørndalsbrua	17	37	57	08:12	08:32	08:52	12	22	32	42	52	02	52	02	12	22	32	42	52	02	12	22
Tonstadkrysset 1	19	39	59	08:14	08:34	08:54	14	24	34	44	54	04	54	04	14	24	34	44	54	04	14	24
Sluppen	23	43	03	08:18	08:38	08:58	18	28	38	48	58	08	58	08	18	28	38	48	58	08	18	28
Bratsbergvegen	24	44	04	08:19	08:39	08:59	19	29	39	49	59	09	59	09	19	29	39	49	59	09	19	29
Valøyvegen	25	45	05	08:20	08:40	09:00	20	30	40	50	00	10	00	10	20	30	40	50	00	10	20	30
Lerkendal 1	26	46	06	08:21	08:41	09:01	21	31	41	51	01	11	01	11	21	31	41	51	01	11	21	31
Hesthagen	27	47	07	08:22	08:42	09:02	22	32	42	52	02	12	02	12	22	32	42	52	02	12	22	32
Studentsamfundet 1	29	49	09	08:24	08:44	09:04	24	34	44	54	04	14	04	14	24	34	44	54	04	14	24	34
Nidarosdomen	30	50	10	08:25	08:45	09:05	25	35	45	55	05	15	05	15	25	35	45	55	05	15	25	35
Prinsens gate P2	32	52	12	08:27	08:47	09:07	27	37	47	57	07	17	07	17	27	37	47	57	07	17	27	37
Søndre gate	35	55	15	08:30	08:50	09:10	30	40	50	00	10	20	10	20	30	40	50	00	10	20	30	40
Trondheim S 13	36	56	16	08:31	08:51	09:11	31	41	51	01	11	21	11	21	31	41	51	01	12	22	32	42
Dyre Halses gate	38	58	18	08:33	08:53	09:13	33	43	53	03	13	23	13	23	33	43	53	03	14	24	34	44
Ladeveien	42	02	22	08:37	08:57	09:17	37	47	57	07	17	27	18	28	38	48	58	08	19	29	39	49
Ingemann Torps vei	44	04	24	08:39	08:59	09:19	39	49	59	09	19	29	20	30	40	50	00	10	21	31	41	51
Lade idrettsanlegg	45	05	25	08:40	09:00	09:20	40	50	00	10	20	30	21	31	41	51	01	11	22	32	42	52
Haakon VII gate 25	47	07	27	08:42	09:02	09:22	42	52	02	12	22	32	23	33	43	53	03	13	25	35	45	55
Strindheim 4	48	08	28	08:43	09:03	09:23	43	53	03	13	23	33	25	35	45	55	05	15	27	37	47	57

• Tabellen viser utvalgte holdeplasser. Se app AtB eller reisepanlegger for komplett oversikt.
• Tidligste passeringstider: I perioder med mye trafikk vil bussen kunne passere noen minutter senere.



• Timetable shows selected stops. Se app AtB or travel planner for a complete list.
• Earliest departure: During peak hours, the bus may depart a few minutes later.

lørdag /
Saturday

	Min fom 12:38 tom 17:58																			Min fom 21:04 tom 23:44		
Østre Lund 1	18	28	18:08	18:18	18:28	18:38	18:48	18:58	19:08	19:18	19:28	19:38	19:48	19:58	20:08	20:24	20:34	20:44	20:54	04	24	44
Åsheim skole	19	29	18:09	18:19	18:29	18:39	18:49	18:59	19:09	19:19	19:29	19:39	19:49	19:59	20:09	20:25	20:35	20:45	20:55	05	25	45
Heimdal stasjon	21	31	18:11	18:21	18:31	18:41	18:51	19:01	19:11	19:21	19:31	19:41	19:51	20:01	20:11	20:27	20:37	20:47	20:57	07	27	47
Lyngvegen	23	33	18:13	18:23	18:33	18:43	18:53	19:03	19:13	19:23	19:33	19:43	19:53	20:03	20:13	20:29	20:39	20:49	20:59	09	29	49
Skyttervegen	25	35	18:15	18:25	18:35	18:45	18:55	19:05	19:15	19:25	19:35	19:45	19:55	20:05	20:15	20:31	20:41	20:51	21:01	11	31	51
Midteggan	26	36	18:16	18:26	18:36	18:46	18:56	19:06	19:16	19:26	19:36	19:46	19:56	20:06	20:16	20:32	20:42	20:52	21:02	12	32	52
Casper Lundes veg	28	38	18:18	18:28	18:38	18:48	18:58	19:08	19:18	19:28	19:38	19:48	19:58	20:08	20:18	20:34	20:44	20:54	21:04	14	34	54
Saupstadsenteret	29	39	18:19	18:29	18:39	18:49	18:59	19:09	19:19	19:29	19:39	19:49	19:59	20:09	20:19	20:35	20:45	20:55	21:05	15	35	55
Husebytunet 1	30	40	18:20	18:30	18:40	18:50	19:00	19:10	19:20	19:30	19:40	19:50	20:00	20:10	20:20	20:36	20:46	20:56	21:06	16	36	56
Bjørndalstoppen	31	41	18:21	18:31	18:41	18:51	19:01	19:11	19:21	19:31	19:41	19:51	20:01	20:11	20:21	20:37	20:47	20:57	21:07	17	37	57
Bjørndalsbrua	32	42	18:22	18:32	18:42	18:52	19:02	19:12	19:22	19:32	19:42	19:52	20:02	20:12	20:22	20:38	20:48	20:58	21:08	18	38	58
Tonstadkrysset 1	34	44	18:24	18:34	18:44	18:54	19:04	19:14	19:24	19:34	19:44	19:54	20:04	20:14	20:24	20:40	20:50	21:00	21:10	20	40	00
Sluppen	38	48	18:28	18:38	18:48	18:58	19:08	19:18	19:28	19:38	19:48	19:58	20:08	20:18	20:28	20:44	20:54	21:04	21:14	24	44	04
Bratsbergvegen	39	49	18:29	18:39	18:49	18:59	19:09	19:19	19:29	19:39	19:49	19:59	20:09	20:19	20:29	20:45	20:55	21:05	21:15	25	45	05
Valøyvegen	40	50	18:30	18:40	18:50	19:00	19:10	19:20	19:30	19:40	19:50	20:00	20:10	20:20	20:30	20:46	20:56	21:06	21:16	26	46	06
Lerkendal 1	41	51	18:31	18:41	18:51	19:01	19:11	19:21	19:31	19:41	19:51	20:01	20:11	20:21	20:31	20:47	20:57	21:07	21:17	27	47	07
Hesthagen	42	52	18:32	18:42	18:52	19:02	19:12	19:22	19:32	19:42	19:52	20:02	20:12	20:22	20:32	20:48	20:58	21:08	21:18	28	48	08
Studentersamfundet 1	44	54	18:34	18:44	18:54	19:04	19:14	19:24	19:34	19:44	19:54	20:04	20:14	20:24	20:34	20:50	21:00	21:10	21:20	30	50	10
Nidarosdomen	45	55	18:35	18:45	18:55	19:05	19:15	19:25	19:35	19:45	19:55	20:05	20:15	20:25	20:35	20:51	21:01	21:11	21:21	31	51	11
Prinsens gate P2	47	57	18:37	18:47	18:57	19:07	19:17	19:27	19:37	19:47	19:57	20:07	20:17	20:27	20:37	20:53	21:03	21:13	21:23	33	53	13
Søndre gate	50	00	18:40	18:50	19:00	19:10	19:20	19:30	19:40	19:50	20:00	20:10	20:20	20:30	20:40	20:56	21:06	21:16	21:26	36	56	16
Trondheim S 13	52	02	18:41	18:51	19:01	19:11	19:21	19:31	19:41	19:51	20:01	20:11	20:21	20:31	20:41	20:57	21:07	21:17	21:27	37	57	17
Dyre Halses gate	54	04	18:43	18:53	19:03	19:13	19:23	19:33	19:43	19:53	20:03	20:13	20:23	20:33	20:43	20:59	21:09	21:19	21:29	39	59	19
Ladeveien	59	09	18:48	18:58	19:08	19:18	19:28	19:38	19:48	19:57	20:07	20:17	20:27	20:37	20:47	21:03	21:13	21:23	21:33	43	03	23
Ingemann Torps vei	01	11	18:50	19:00	19:10	19:20	19:30	19:40	19:50	19:59	20:09	20:19	20:29	20:39	20:49	21:05	21:15	21:25	21:35	45	05	25
Lade idrettsanlegg	02	12	18:51	19:01	19:11	19:21	19:31	19:41	19:51	20:00	20:10	20:20	20:30	20:40	20:50	21:06	21:16	21:26	21:36	46	06	26
Haakon VII gate 25	05	15	18:53	19:03	19:13	19:23	19:33	19:43	19:53	20:02	20:12	20:22	20:32	20:42	20:52	21:08	21:18	21:28	21:38	48	08	28
Strindheim 4	07	17	18:55	19:05	19:15	19:25	19:35	19:45	19:55	20:03	20:13	20:23	20:33	20:43	20:53	21:09	21:19	21:29	21:39	49	09	29

• Tabellen viser utvalgte holdeplasser. Se app AtB eller reisepanlegger for komplett oversikt.
• Tidligste passeringstider: I perioder med mye trafikk vil bussen kunne passere noen minutter senere.



• Timetable shows selected stops. Se app AtB or travel planner for a complete list.
• Earliest departure: During peak hours, the bus may depart a few minutes later.

søndag /
Sunday

	Min fom 06:14 tom 08:14		Min fom 08:45 tom 23:45			
Østre Lund 1	14	44	45	05	25	
Åsheim skole	15	45	46	06	26	
Heimdal stasjon	17	47	48	08	28	
Lyngvegen	19	49	50	10	30	
Skyttervegen	21	51	52	12	32	
Midteggan	22	52	53	13	33	
Casper Lundes veg	24	54	55	15	35	
Saupstadsenteret	25	55	56	16	36	
Husebytunet 1	26	56	57	17	37	
Bjørndalstoppen	27	57	58	18	38	
Bjørndalsbrua	28	58	59	19	39	
Tonstadkrysset 1	30	00	01	21	41	
Sluppen	34	04	05	25	45	
Bratsbergvegen	35	05	06	26	46	
Valøyvegen	36	06	07	27	47	
Lerkendal 1	37	07	08	28	48	
Hesthagen	38	08	09	29	49	
Studentersamfundet 1	40	10	11	31	51	
Nidarosdomen	41	11	12	32	52	
Prinsens gate P2	43	13	14	34	54	
Søndre gate	46	16	17	37	57	
Trondheim S 13	47	17	18	38	58	
Dyre Halses gate	49	19	20	40	00	
Ladeveien	53	23	24	44	04	
Ingemann Torps vei	55	25	26	46	06	
Lade idrettsanlegg	56	26	27	47	07	
Haakon VII gate 25	58	28	29	49	09	
Strindheim 4	59	29	30	50	10	

• Tabellen viser utvalgte holdeplasser. Se app AtB eller reisepanlegger for komplett oversikt.
• Tidligste passeringstider: I perioder med mye trafikk vil bussen kunne passere noen minutter senere.



• Timetable shows selected stops. Se app AtB or travel planner for a complete list.
• Earliest departure: During peak hours, the bus may depart a few minutes later.

mandag - fredag /
Monday - Friday

Strindheim 3	05:21	05:41	06:01	06:16	06:24	06:34	06:42	06:51	06:56	07:01	07:06	07:11	07:16	07:21	07:26	07:31	07:36	07:41	07:46	07:51	07:56	08:01
Haakon VII gate 25	05:23	05:43	06:03	06:18	06:26	06:36	06:44	06:53	06:58	07:03	07:08	07:13	07:18	07:23	07:28	07:33	07:38	07:43	07:48	07:53	07:58	08:03
Lade idrettsanlegg	05:24	05:44	06:04	06:19	06:27	06:37	06:45	06:54	06:59	07:04	07:09	07:14	07:19	07:24	07:29	07:34	07:39	07:44	07:49	07:54	07:59	08:04
Ingemann Torps vei	05:25	05:45	06:05	06:20	06:28	06:38	06:47	06:56	07:01	07:06	07:11	07:16	07:21	07:26	07:31	07:36	07:41	07:46	07:51	07:56	08:01	08:06
Ladeveien	05:26	05:46	06:06	06:21	06:29	06:39	06:48	06:57	07:02	07:07	07:12	07:17	07:22	07:27	07:32	07:37	07:42	07:47	07:52	07:57	08:02	08:07
Dyre Halses gate	05:30	05:50	06:10	06:25	06:34	06:44	06:53	07:02	07:07	07:12	07:17	07:22	07:27	07:32	07:37	07:42	07:47	07:52	07:57	08:02	08:07	08:12
Trondheim S 10	05:32	05:52	06:12	06:27	06:36	06:46	06:55	07:04	07:09	07:14	07:19	07:24	07:29	07:34	07:39	07:44	07:49	07:54	07:59	08:04	08:09	08:14
Olav Tryggvasons gate 1	05:34	05:54	06:14	06:29	06:38	06:48	06:57	07:06	07:11	07:16	07:21	07:26	07:31	07:36	07:41	07:46	07:51	07:56	08:01	08:06	08:11	08:16
Prinsens gate P1	05:37	05:57	06:17	06:32	06:41	06:51	07:00	07:09	07:14	07:19	07:24	07:29	07:34	07:39	07:44	07:49	07:54	07:59	08:04	08:09	08:14	08:19
Nidarosdomen	05:38	05:58	06:18	06:33	06:42	06:52	07:02	07:11	07:16	07:21	07:26	07:31	07:36	07:41	07:46	07:51	07:56	08:01	08:06	08:11	08:16	08:21
Studentersamfundet 2	05:39	05:59	06:19	06:34	06:43	06:53	07:03	07:12	07:17	07:22	07:27	07:32	07:37	07:42	07:47	07:52	07:57	08:02	08:07	08:12	08:17	08:22
Hesthagen	05:41	06:01	06:21	06:36	06:45	06:55	07:05	07:14	07:19	07:24	07:29	07:34	07:39	07:44	07:49	07:54	07:59	08:04	08:09	08:14	08:19	08:24
Lerkendal 2	05:43	06:03	06:23	06:38	06:47	06:57	07:07	07:16	07:21	07:26	07:31	07:36	07:41	07:46	07:51	07:56	08:01	08:06	08:11	08:16	08:21	08:26
Valøyvegen	05:44	06:04	06:24	06:39	06:48	06:58	07:08	07:17	07:22	07:27	07:32	07:37	07:42	07:47	07:52	07:57	08:02	08:07	08:12	08:17	08:22	08:27
Bratsbergvegen	05:45	06:05	06:25	06:40	06:50	07:00	07:10	07:19	07:24	07:29	07:34	07:39	07:44	07:49	07:54	07:59	08:04	08:09	08:14	08:19	08:24	08:29
Sluppen	05:46	06:06	06:26	06:41	06:51	07:01	07:11	07:20	07:25	07:30	07:35	07:40	07:45	07:50	07:55	08:00	08:05	08:10	08:15	08:20	08:25	08:30
Tonstadkrysset 4	05:51	06:11	06:31	06:46	06:56	07:06	07:16	07:25	07:30	07:35	07:40	07:45	07:50	07:55	08:00	08:05	08:10	08:15	08:20	08:25	08:30	08:35
Bjørndalsbrua	05:52	06:12	06:32	06:47	06:57	07:07	07:17	07:26	07:31	07:36	07:41	07:46	07:51	07:56	08:01	08:06	08:11	08:16	08:21	08:26	08:31	08:36
Bjørndalstoppen	05:53	06:13	06:33	06:48	06:58	07:08	07:18	07:27	07:32	07:37	07:42	07:47	07:52	07:57	08:02	08:07	08:12	08:17	08:22	08:27	08:32	08:37
Husebytunet 2	05:55	06:15	06:35	06:50	07:00	07:10	07:20	07:29	07:34	07:39	07:44	07:49	07:54	07:59	08:04	08:09	08:14	08:19	08:24	08:29	08:34	08:39
Saupstadsenteret	05:56	06:16	06:36	06:51	07:01	07:11	07:21	07:30		07:40	07:45	07:50		08:00		08:10		08:20		08:30		08:40
Casper Lundes veg	05:57	06:17	06:37	06:52	07:02	07:12	07:22	07:31		07:41	07:46	07:51		08:01		08:11		08:21		08:31		08:41
Midteggen	05:58	06:18	06:38	06:53	07:03	07:13	07:23	07:32		07:42	07:47	07:52		08:02		08:12		08:22		08:32		08:42
Skyttervegen	05:59	06:19	06:39	06:54	07:04	07:14	07:24	07:33		07:43		07:53		08:03		08:13		08:23		08:33		08:43
Lyngvegen	06:00	06:20	06:40	06:55	07:05	07:15	07:25	07:34		07:44		07:54		08:04		08:14		08:24		08:34		08:44
Heimdal stasjon	06:02	06:22	06:42	06:57	07:07	07:17	07:28	07:37		07:47		07:57		08:07		08:17		08:27		08:37		08:47
Åsheim skole	06:04	06:24	06:44	06:59	07:09	07:19	07:30	07:39		07:49		07:59		08:09		08:19		08:29		08:39		08:49
Østre Lund 1	06:06	06:26	06:46	07:01	07:11	07:21	07:32	07:41		07:51		08:01		08:11		08:21		08:31		08:41		08:51

• Tabellen viser utvalgte holdeplasser. Se app AtB eller reisepanlegger for komplett oversikt.
• Tidligste passeringstider: I perioder med mye trafikk vil bussen kunne passere noen minutter senere.



• Timetable shows selected stops. Se app AtB or travel planner for a complete list.
• Earliest departure: During peak hours, the bus may depart a few minutes later.

mandag - fredag /
Monday - Friday

		Min fom 08:24 tom 14:04							Min fom 14:21 tom 16:11													
Strindheim 3	08:12	24	34	44	54	04	14	14:11	21	26	31	36	41	46	51	56	01	06	11	16	16:21	16:31
Haakon VII gate 25	08:14	26	36	46	56	06	16	14:13	23	28	33	38	43	48	53	58	03	08	13	18	16:23	16:33
Lade idrettsanlegg	08:15	27	37	47	57	07	17	14:14	24	29	34	39	44	49	54	59	04	09	14	19	16:24	16:34
Ingemann Torps vei	08:17	28	38	48	58	08	18	14:16	26	31	36	41	46	51	56	01	06	11	16	21	16:26	16:36
Ladeveien	08:18	29	39	49	59	09	19	14:17	27	32	37	42	47	52	57	02	07	12	17	22	16:27	16:37
Dyre Halses gate	08:23	34	44	54	04	14	24	14:22	32	37	42	47	52	57	02	07	12	17	22	27	16:32	16:42
Trondheim S 10	08:25	36	46	56	06	16	26	14:24	34	39	44	49	54	59	04	09	14	19	24	29	16:34	16:44
Olav Tryggvasons gate 1	08:27	38	48	58	08	18	28	14:26	36	41	46	51	56	01	06	11	16	21	26	31	16:36	16:46
Prinsens gate P1	08:30	41	51	01	11	21	31	14:29	39	44	49	54	59	04	09	14	19	24	29	34	16:39	16:49
Nidarosdomen	08:32	42	52	02	12	22	32	14:31	41	46	51	56	01	06	11	16	21	26	31	36	16:41	16:51
Studentersamfundet 2	08:33	43	53	03	13	23	33	14:32	42	47	52	57	02	07	12	17	22	27	32	37	16:42	16:52
Hesthagen	08:35	45	55	05	15	25	35	14:34	44	49	54	59	04	09	14	19	24	29	34	39	16:44	16:54
Lerkendal 2	08:37	47	57	07	17	27	37	14:36	46	51	56	01	06	11	16	21	26	31	36	41	16:46	16:56
Valøyvegen	08:38	48	58	08	18	28	38	14:37	47	52	57	02	07	12	17	22	27	32	37	42	16:47	16:57
Bratsbergvegen	08:40	50	00	10	20	30	40	14:39	49	54	59	04	09	14	19	24	29	34	39	44	16:49	16:59
Sluppen	08:41	51	01	11	21	31	41	14:40	50	55	00	05	10	15	20	25	30	35	40	45	16:50	17:00
Tonstadkrysset 4	08:46	56	06	16	26	36	46	14:45	55	00	05	10	15	20	25	30	35	40	45	50	16:55	17:05
Bjørndalsbrua	08:47	57	07	17	27	37	47	14:46	56	01	06	11	16	21	26	31	36	41	46	51	16:56	17:06
Bjørndalstoppen	08:48	58	08	18	28	38	48	14:47	57	02	07	12	17	22	27	32	37	42	47	52	16:57	17:07
Husebytunet 2	08:50	00	10	20	30	40	50	14:49	59	04	09	14	19	24	29	34	39	44	49	54	16:59	17:09
Saupstadsenteret	08:51	01	11	21	31	41	51	14:50	00	05	10	15	20	25	30	35	40	45	50	55	17:00	17:10
Casper Lundes veg	08:52	02	12	22	32	42	52	14:51	01	06	11	16	21	26	31	36	41	46	51	56	17:01	17:11
Midteggen	08:53	03	13	23	33	43	53	14:52	02	07	12	17	22	27	32	37	42	47	52	57	17:02	17:12
Skyttervegen	08:54	04	14	24	34	44	54	14:53	03		13		23		33		43		53		17:03	17:13
Lyngvegen	08:55	05	15	25	35	45	55	14:54	04		14		24		34		44		54		17:04	17:14
Heimdal stasjon	08:58	07	17	27	37	47	57	14:57	07		17		27		37		47		57		17:07	17:17
Åsheim skole	09:00	09	19	29	39	49	59	14:59	09		19		29		39		49		59		17:09	17:19
Østre Lund 1	09:02	11	21	31	41	51	01	15:01	11		21		31		41		51		01		17:11	17:21

• Tabellen viser utvalgte holdeplasser. Se app AtB eller reisepanlegger for komplett oversikt.
• Tidligste passeringstider: I perioder med mye trafikk vil bussen kunne passere noen minutter senere.



• Timetable shows selected stops. Se app AtB or travel planner for a complete list.
• Earliest departure: During peak hours, the bus may depart a few minutes later.

mandag - fredag /
Monday - Friday

				Min fom 17:14 tom 19:54						Min fom 21:11 tom 24:11					
Strindheim 3	16:41	16:52	17:02	14	24	34	44	54	04	20:09	20:29	20:49	11	31	51
Haakon VII gate 25	16:43	16:54	17:04	16	26	36	46	56	06	20:11	20:31	20:51	13	33	53
Lade idrettsanlegg	16:44	16:55	17:05	17	27	37	47	57	07	20:12	20:32	20:52	14	34	54
Ingemann Torps vei	16:46	16:57	17:07	18	28	38	48	58	08	20:13	20:33	20:53	15	35	55
Ladeveien	16:47	16:58	17:08	19	29	39	49	59	09	20:14	20:34	20:54	16	36	56
Dyre Halses gate	16:52	17:03	17:13	24	34	44	54	04	14	20:19	20:39	20:59	20	40	00
Trondheim S 10	16:54	17:05	17:15	26	36	46	56	06	16	20:21	20:41	21:01	22	42	02
Olav Tryggvasons gate 1	16:56	17:07	17:17	28	38	48	58	08	18	20:23	20:43	21:03	24	44	04
Prinsens gate P1	16:59	17:10	17:20	31	41	51	01	11	21	20:26	20:46	21:06	27	47	07
Nidarosdomen	17:01	17:12	17:22	32	42	52	02	12	22	20:27	20:47	21:07	28	48	08
Studentersamfundet 2	17:02	17:13	17:23	33	43	53	03	13	23	20:28	20:48	21:08	29	49	09
Hesthagen	17:04	17:15	17:25	35	45	55	05	15	25	20:30	20:50	21:10	31	51	11
Lerkendal 2	17:06	17:17	17:27	37	47	57	07	17	27	20:32	20:52	21:12	33	53	13
Valøyvegen	17:07	17:18	17:28	38	48	58	08	18	28	20:33	20:53	21:13	34	54	14
Bratsbergvegen	17:09	17:20	17:30	40	50	00	10	20	30	20:35	20:55	21:15	35	55	15
Sluppen	17:10	17:21	17:31	41	51	01	11	21	31	20:36	20:56	21:16	36	56	16
Tonstadkrysset 4	17:15	17:26	17:36	46	56	06	16	26	36	20:41	21:01	21:21	41	01	21
Bjørndalsbrua	17:16	17:27	17:37	47	57	07	17	27	37	20:42	21:02	21:22	42	02	22
Bjørndalstoppen	17:17	17:28	17:38	48	58	08	18	28	38	20:43	21:03	21:23	43	03	23
Husebytunet 2	17:19	17:30	17:40	50	00	10	20	30	40	20:45	21:05	21:25	45	05	25
Saupstadsenteret	17:20	17:31	17:41	51	01	11	21	31	41	20:46	21:06	21:26	46	06	26
Casper Lundes veg	17:21	17:32	17:42	52	02	12	22	32	42	20:47	21:07	21:27	47	07	27
Midteggen	17:22	17:33	17:43	53	03	13	23	33	43	20:48	21:08	21:28	48	08	28
Skyttervegen	17:23	17:34	17:44	54	04	14	24	34	44	20:49	21:09	21:29	49	09	29
Lyngvegen	17:24	17:35	17:45	55	05	15	25	35	45	20:50	21:10	21:30	50	10	30
Heimdal stasjon	17:27	17:38	17:48	57	07	17	27	37	47	20:52	21:12	21:32	52	12	32
Åsheim skole	17:29	17:40	17:50	59	09	19	29	39	49	20:54	21:14	21:34	54	14	34
Østre Lund 1	17:31	17:42	17:52	01	11	21	31	41	51	20:56	21:16	21:36	56	16	36

• Tabellen viser utvalgte holdeplasser. Se app AtB eller reisepanlegger for komplett oversikt.
• Tidligste passeringstider: I perioder med mye trafikk vil bussen kunne passere noen minutter senere.



• Timetable shows selected stops. Se app AtB or travel planner for a complete list.
• Earliest departure: During peak hours, the bus may depart a few minutes later.

lørdag /
Saturday

	Min fom 06:01 tom 08:01			Min fom 09:06 tom 10:36						Min fom 10:44 tom 12:44						Min fom 12:53 tom 14:33						
Strindheim 3	01	21	41	08:26	08:46	06	16	26	36	46	56	44	54	04	14	24	34	53	03	13	23	33
Haakon VII gate 25	03	23	43	08:28	08:48	08	18	28	38	48	58	46	56	06	16	26	36	55	05	15	25	35
Lade idrettsanlegg	04	24	44	08:29	08:49	09	19	29	39	49	59	47	57	07	17	27	37	56	06	16	26	36
Ingemann Torps vei	05	25	45	08:30	08:50	10	20	30	40	50	00	48	58	08	18	28	38	58	08	18	28	38
Ladeveien	06	26	46	08:31	08:51	11	21	31	41	51	01	49	59	09	19	29	39	59	09	19	29	39
Dyre Halses gate	10	30	50	08:35	08:55	15	25	35	45	55	05	54	04	14	24	34	44	05	15	25	35	45
Trondheim S 10	12	32	52	08:37	08:57	17	27	37	47	57	07	56	06	16	26	36	46	07	17	27	37	47
Olav Tryggvasons gate 1	14	34	54	08:39	08:59	19	29	39	49	59	09	58	08	18	28	38	48	09	19	29	39	49
Prinsens gate P1	17	37	57	08:42	09:02	22	32	42	52	02	12	01	11	21	31	41	51	12	22	32	42	52
Nidarosdomen	18	38	58	08:43	09:03	23	33	43	53	03	13	02	12	22	32	42	52	13	23	33	43	53
Studentersamfundet 2	19	39	59	08:44	09:04	24	34	44	54	04	14	03	13	23	33	43	53	14	24	34	44	54
Hesthagen	21	41	01	08:46	09:06	26	36	46	56	06	16	05	15	25	35	45	55	16	26	36	46	56
Lerkendal 2	23	43	03	08:48	09:08	28	38	48	58	08	18	07	17	27	37	47	57	18	28	38	48	58
Valøyvegen	24	44	04	08:49	09:09	29	39	49	59	09	19	08	18	28	38	48	58	19	29	39	49	59
Bratsbergvegen	25	45	05	08:50	09:10	30	40	50	00	10	20	10	20	30	40	50	00	21	31	41	51	01
Sluppen	26	46	06	08:51	09:11	31	41	51	01	11	21	11	21	31	41	51	01	21	31	41	51	01
Tonstadkrysset 4	31	51	11	08:56	09:16	36	46	56	06	16	26	16	26	36	46	56	06	26	36	46	56	06
Bjørndalsbrua	32	52	12	08:57	09:17	37	47	57	07	17	27	17	27	37	47	57	07	27	37	47	57	07
Bjørndalstoppen	33	53	13	08:58	09:18	38	48	58	08	18	28	18	28	38	48	58	08	28	38	48	58	08
Husebytunet 2	35	55	15	09:00	09:20	40	50	00	10	20	30	20	30	40	50	00	10	30	40	50	00	10
Saupstadsenteret	36	56	16	09:01	09:21	41	51	01	11	21	31	21	31	41	51	01	11	31	41	51	01	11
Casper Lundes veg	37	57	17	09:02	09:22	42	52	02	12	22	32	22	32	42	52	02	12	32	42	52	02	12
Midteggen	38	58	18	09:03	09:23	43	53	03	13	23	33	23	33	43	53	03	13	34	44	54	04	14
Skyttervegen	39	59	19	09:04	09:24	44	54	04	14	24	34	24	34	44	54	04	14	35	45	55	05	15
Lyngvegen	40	00	20	09:05	09:25	45	55	05	15	25	35	25	35	45	55	05	15	36	46	56	06	16
Heimdal stasjon	42	02	22	09:07	09:27	47	57	07	17	27	37	27	37	47	57	07	17	39	49	59	09	19
Åsheim skole	44	04	24	09:09	09:29	49	59	09	19	29	39	29	39	49	59	09	19	41	51	01	11	21
Østre Lund 1	46	06	26	09:11	09:31	51	01	11	21	31	41	31	41	51	01	11	21	43	53	03	13	23

• Tabellen viser utvalgte holdeplasser. Se app AtB eller reisepanlegger for komplett oversikt.
• Tidligste passeringstider: I perioder med mye trafikk vil bussen kunne passere noen minutter senere.



• Timetable shows selected stops. Se app AtB or travel planner for a complete list.
• Earliest departure: During peak hours, the bus may depart a few minutes later.

2

Strindheim > Lade > Sentrum > Kolstad > Heimdal > Lund

Gjelder fra 11. august 2025 / v.1
Effective from August 11th 2025 / v.1

lørdag /
Saturday

12:53 tom
14:33

Min fom
14:53 tom 18:03

Min fom
18:46 tom 20:56

Min fom
21:11 tom 24:11

Min fom
06:16 tom 08:16

Strindheim 34314:4553031323334318:1418:2418:344656061626361131511646

Haakon VII gate 254514:4755051525354518:1618:2618:364858081828381333531848

Lade idrettsanlegg4614:4856061626364618:1718:2718:374959091929391434541949

Ingemann Torps vei4814:5058081828384818:1818:2818:385000102030401535552050

Ladeveien4914:5159091929394918:1918:2918:395101112131411636562151

Dyre Halses gate5514:5705152535455518:2418:3418:445505152535452040002555

Trondheim S 105714:5907172737475718:2618:3618:465707172737472242022757

Olav Tryggvasons gate 15915:0109192939495918:2818:3818:485909192939492444042959

Prinsens gate P10215:0412223242520218:3118:4118:510212223242522747073202

Nidarosdomen0315:0513233343530318:3218:4218:520313233343532848083303

Studentersamfundet 20415:0614243444540418:3318:4318:530414243444542949093404

Hesthagen0615:0816263646560618:3518:4518:550616263646563151113606

Lerkendal 20815:1018283848580818:3718:4718:570818283848583353133808

Valøyvegen0915:1119293949590918:3818:4818:580919293949593454143909

Bratsbergvegen1115:1321314151011118:4018:5019:001020304050003555154010

Sluppen1115:1321314151011118:4118:5119:011121314151013656164111

Tonstadkrysset 41615:1826364656061618:4618:5619:061626364656064101214616

Bjørndalsbrua1715:1927374757071718:4718:5719:071727374757074202224717

Bjørndalstoppen1815:2028384858081818:4818:5819:081828384858084303234818

Husebytunet 22015:2230405000102018:5019:0019:102030405000104505255020

Saupstadsenteret2115:2331415101112118:5119:0119:112131415101114606265121

Casper Lundes veg2215:2432425202122218:5219:0219:122232425202124707275222

Midteggen2415:2634445404142418:5319:0319:132333435303134808285323

Skyttervegen2515:2735455505152518:5419:0419:142434445404144909295424

Lyngvegen2615:2836465606162618:5519:0519:152535455505155010305525

Heimdal stasjon2915:3139495909192918:5719:0719:172737475707175212325727

Åsheim skole3115:3341510111213118:5919:0919:192939495909195414345929

Østre Lund 13315:3543530313233319:0119:1119:213141510111215616360131

• Tabellen viser utvalgte holdeplasser. Se app AtB eller reisepanlegger for komplett oversikt.
• Tidligste passeringstider: I perioder med mye trafikk vil bussen kunne passere noen minutter senere.



• Timetable shows selected stops. Se app AtB or travel planner for a complete list.
• Earliest departure: During peak hours, the bus may depart a few minutes later.

søndag /

Sunday

Min fom

09:13 tom 24:13

Strindheim 3	08:43	13	33	53	
Haakon VII gate 25	08:45	15	35	55	
Lade idrettsanlegg	08:46	16	36	56	
Ingemann Torps vei	08:47	17	37	57	
Ladeveien	08:48	18	38	58	
Dyre Halses gate	08:52	22	42	02	
Trondheim S 10	08:54	24	44	04	
Olav Tryggvasons gate 1	08:56	26	46	06	
Prinsens gate P1	08:59	29	49	09	
Nidarosdomen	09:00	30	50	10	
Studentersamfundet 2	09:01	31	51	11	
Hesthagen	09:03	33	53	13	
Lerkendal 2	09:05	35	55	15	
Valøyvegen	09:06	36	56	16	
Bratsbergvegen	09:07	37	57	17	
Sluppen	09:08	38	58	18	
Tonstadkrysset 4	09:13	43	03	23	
Bjørndalsbrua	09:14	44	04	24	
Bjørndalstoppen	09:15	45	05	25	
Husebytunet 2	09:17	47	07	27	
Saupstadsenteret	09:18	48	08	28	
Casper Lundes veg	09:19	49	09	29	
Midteggen	09:20	50	10	30	
Skyttervegen	09:21	51	11	31	
Lyngvegen	09:22	52	12	32	
Heimdal stasjon	09:24	54	14	34	
Åsheim skole	09:26	56	16	36	
Østre Lund 1	09:28	58	18	38	

•

Tabellen viser utvalgte holdeplasser. Se app AtB eller reisepanlegger for komplett oversikt.

•

Tidligste passeringstider: I perioder med mye trafikk vil bussen kunne passere noen minutter senere.



•

Timetable shows selected stops. Se app AtB or travel planner for a complete list.

•

Earliest departure: During peak hours, the bus may depart a few minutes later.