

# 690 Grong > Steinkjer

mandag - fredag / Monday - Friday					lørdag / Saturday	søndag / Sunday
Kjøres kun* / Operates						
Grong stasjon	06:05B	08:30FAB	14:00B	20:00B	08:30B	20:00B
Grong sentrum	06:07	08:32	14:02C	20:02	08:32	20:02
Bjørøgan vegdele	06:15B	08:40	14:10B	20:10	08:40B	20:10
Vegset	06:29B	08:54B	14:24B	20:25B	08:54B	20:25B
Nordheim	06:35	09:00	14:30	20:31	09:00	20:31
Hammer	06:42	09:07	14:37	20:36	09:07	20:36
Rygg	06:48	09:13	14:43	20:41	09:13	20:41
Kvamkorsen	06:58	09:23	14:53	20:50	09:23	20:50
Følling	07:08	09:33	15:03	21:00	09:33	21:00
Asp	07:12	09:37	15:07	21:05	09:37	21:05
Dampsaga	07:18	09:43	15:13	21:11	09:43	21:11
Steinkjer stasjon S1	07:20T	09:45	15:15T	21:15T	09:45	21:15T
AMFI Steinkjer	07:25	09:50	15:20		09:50	

- A Korrespondanse 610, 611 / Corresponds with 610, 611
- B AtB Bestill, se/see atb.no/bestill
- C Korrespondanse 695 dag 1,5 / Corresponds with 695 day 1,5

- F Korrespondanse 695 / Corresponds with 695
- T Mulig videre reise med tog / Further travel with train possible. See entur.no



# 690 Steinkjer > Grong

mandag - fredag / Monday - Friday						lørdag / Saturday	søndag / Sunday
Kjøres kun* / Operates		15	234				
AMFI Steinkjer	08:25	12:30	13:50	15:50		15:35	
Steinkjer stasjon S3	08:30T	12:35	13:55	15:55	21:35T	15:40T	21:35T
Dampsaga	08:32	12:37	13:57	15:57	21:37	15:42	21:37
Asp	08:38	12:43	14:03	16:03	21:43	15:48	21:43
Følling	08:42	12:47	14:07	16:07	21:46	15:52	21:46
Kvamkorsen	08:52	12:57	14:17	16:17	21:55	16:02	21:55
Rygg	09:00	13:05	14:25	16:25	22:02	16:10	22:02
Hammer	09:09	13:14	14:34	16:34	22:09	16:19	22:09
Nordheim	09:13	13:18	14:38	16:38	22:13	16:23	22:13
Vegset	09:18B	13:23B	14:43B	16:45B	22:20B	16:28B	22:20B
Bjørgan vegdele	09:30	13:35	14:55	16:58B	22:35B	16:40B	22:35
Grong sentrum	09:40	13:45	15:05	17:05	22:43	16:50	22:43
Grong stasjon	09:45B	13:50AB	15:10FAB	17:10B	22:50	16:55B	22:50B

A Korrespondanse 610, 611 / Corresponds with 610, 611

B AtB Bestill, se/see atb.no/bestill

F Korrespondanse 695 / Corresponds with 695

T Mulig videre reise med tog / Further travel with train possible. See entur.no

