



mandag - fredag /  
Monday - Friday

Spongdal skole	14:20																			
Spongdal	14:21																			
Stene	14:25																			
Langlo	14:26																			
Esp Østre	14:32																			
Skjøstad	14:37																			
Grindan	14:38																			
Berg bedehus	14:39																			
Myrsund	14:41																			
Perstu	14:43																			
Haugbjørg	14:43																			
Kleivplassen	14:44																			
Lauglo	14:45																			
Ringvål	14:35			15:04		15:24		15:54		16:24		16:54		18:54		20:22		21:35		
Ringvål grind	14:37	14:48		15:06		15:26		15:56		16:26		16:56		18:56		20:24		21:37		
Leinbakken	14:37	14:48		15:06		15:26		15:56		16:26		16:56		18:56		20:24		21:37		
Legårdsbakken																				
Legårdsbakken snuplass	14:36			14:56		15:15		15:35		16:05		16:35		17:05		19:05	20:26			21:46
Hestsjøen	14:36			14:56		15:15		15:35		16:05		16:35		17:05		19:05	20:26			21:46
Fjøsrollan	14:37			14:57		15:16		15:36		16:06		16:36		17:06		19:06	20:27			21:47
Rørmyra	14:38			14:58		15:17		15:37		16:07		16:37		17:07		19:07	20:28			21:48
Solberg	14:39			14:59		15:18		15:38		16:08		16:38		17:08		19:08	20:29			21:49
Lund	14:40			15:00		15:19		15:39		16:09		16:39		17:09		19:09	20:30			21:50
Østre Lund 3	14:41			15:01		15:20		15:40		16:10		16:40		17:10		19:10	20:31			21:51
Åsheim skole	14:42			15:02		15:21		15:41		16:11		16:41		17:11		19:11	20:32			21:52
Skjefstadbakken		14:42	14:53		15:11		15:31		16:01		16:31		17:01		19:01			20:29	21:42	
Nypantunet		14:44	14:54		15:13		15:33		16:03		16:33		17:03		19:03			20:31	21:44	
Nypan		14:45	14:55		15:14		15:34		16:04		16:34		17:04		19:04			20:32	21:45	
Klett		14:46	14:56		15:15		15:35		16:05		16:35		17:05		19:05			20:33	21:46	
Leinstrand samfunnshus		14:47	14:57		15:16		15:36		16:06		16:36		17:06		19:06			20:34	21:47	
Esp meieri		14:48	14:58		15:17		15:37		16:07		16:37		17:07		19:07			20:35	21:48	
Lersbakken		14:49	14:59		15:18		15:38		16:08		16:38		17:08		19:08			20:36	21:49	
Esplykkja		14:49	14:59		15:18		15:38		16:08		16:38		17:08		19:08			20:36	21:49	
Heggstaddalen		14:50	15:00		15:19		15:39		16:09		16:39		17:09		19:09			20:37	21:50	
Heggstad		14:51	15:01		15:20		15:40		16:10		16:40		17:10		19:10			20:38	21:51	
Heimdalsvegen 73		14:52	15:02		15:21		15:41		16:11		16:41		17:11		19:11			20:39	21:52	
Heimdal stasjon	14:45	14:55	15:05	15:05	15:24	15:24	15:44	15:44	16:14	16:14	16:44	16:44	17:14	17:14	19:14	19:14	20:35	20:42	21:55	21:55



lørdag /  
Saturday

Ringvål	06:15		08:05	09:25		10:55	12:25	13:55	15:25	16:55	18:25	19:55	21:15									
Ringvål grind	06:17		08:07	09:27		10:57	12:27	13:57	15:27	16:57	18:27	19:57	21:17									
Leinbakken	06:17		08:07	09:27		10:57	12:27	13:57	15:27	16:57	18:27	19:57	21:17									
Legårdsbakken																						
Legårdsbakken snuplass	06:26	08:06		09:36		11:06	12:36	14:06	15:36	17:06	18:36	20:06	21:26									
Hestsjøen	06:26	08:06		09:36		11:06	12:36	14:06	15:36	17:06	18:36	20:06	21:26									
Fjøsvollan	06:27	08:07		09:37		11:07	12:37	14:07	15:37	17:07	18:37	20:07	21:27									
Rørmyra	06:28	08:08		09:38		11:08	12:38	14:08	15:38	17:08	18:38	20:08	21:28									
Solberg	06:29	08:09		09:39		11:09	12:39	14:09	15:39	17:09	18:39	20:09	21:29									
Lund	06:30	08:10		09:40		11:10	12:40	14:10	15:40	17:10	18:40	20:10	21:30									
Østre Lund 3	06:31	08:11		09:41		11:11	12:41	14:11	15:41	17:11	18:41	20:11	21:31									
Åsheim skole	06:32	08:12		09:42		11:12	12:42	14:12	15:42	17:12	18:42	20:12	21:32									
Skjefstadbakken	06:22		08:12	09:32		11:02	12:32	14:02	15:32	17:02	18:32	20:02	21:22									
Nypantunet	06:24		08:14	09:34		11:04	12:34	14:04	15:34	17:04	18:34	20:04	21:24									
Nypan	06:25		08:15	09:35		11:05	12:35	14:05	15:35	17:05	18:35	20:05	21:25									
Klett	06:26		08:16	09:36		11:06	12:36	14:06	15:36	17:06	18:36	20:06	21:26									
Leinstrand samfunnshus	06:27		08:17	09:37		11:07	12:37	14:07	15:37	17:07	18:37	20:07	21:27									
Esp meieri	06:28		08:18	09:38		11:08	12:38	14:08	15:38	17:08	18:38	20:08	21:28									
Lersbakken	06:29		08:19	09:39		11:09	12:39	14:09	15:39	17:09	18:39	20:09	21:29									
Esplykkja	06:29		08:19	09:39		11:09	12:39	14:09	15:39	17:09	18:39	20:09	21:29									
Heggstaddalen	06:30		08:20	09:40		11:10	12:40	14:10	15:40	17:10	18:40	20:10	21:30									
Heggstad	06:31		08:21	09:41		11:11	12:41	14:11	15:41	17:11	18:41	20:11	21:31									
Heimdalsvegen 73	06:32		08:22	09:42		11:12	12:42	14:12	15:42	17:12	18:42	20:12	21:32									
Heimdal stasjon	06:35	06:35	08:15	08:25	09:45	09:45	11:15	11:15	12:45	12:45	14:15	14:15	15:45	15:45	17:15	17:15	18:45	18:45	20:15	20:15	21:35	21:35





mandag - fredag /  
Monday - Friday

Heimdal stasjon	07:17F	07:23	07:36F	07:36	08:46F	08:46	09:46F	09:46	10:26	10:26F	11:56	11:56F	13:20F	13:20	14:06	14:06F	14:26	14:26F	14:56	14:56F	15:26F	15:26
Åsheim skole		07:24		07:37		08:47		09:47	10:27		11:57			13:21	14:07		14:27		14:57			15:27
Østre Lund 4		07:25		07:38		08:48		09:48	10:28		11:58			13:22	14:08		14:28		14:58			15:28
Lund		07:27		07:40		08:50		09:50	10:30		12:00			13:24	14:10		14:30		15:00			15:30
Geilmunnet		07:29		07:42		08:52		09:52	10:32		12:02			13:26	14:12		14:32		15:02			15:32
Rørmyra		07:30		07:43		08:53		09:53	10:33		12:03			13:27	14:13		14:33		15:03			15:33
Hestsjøen		07:32		07:45		08:55		09:55	10:35		12:05			13:29	14:15		14:35		15:05			15:35
Legårdsbakken snuplass		07:32		07:45		08:55		09:55	10:35		12:05			13:29	14:15		14:35		15:05			15:35
Leinbakken																						
Heimdalsvegen 73	07:18		07:37		08:47		09:47		10:27		11:57		13:21		14:07		14:27		14:57		15:27	
Heggstad	07:19		07:38		08:48		09:48		10:28		11:58		13:22		14:08		14:28		14:58		15:28	
Heggstaddalen	07:20		07:39		08:49		09:49		10:29		11:59		13:23		14:09		14:29		14:59		15:29	
Esplykkja	07:20		07:39		08:49		09:49		10:29		11:59		13:23		14:09		14:29		14:59		15:29	
Lersbakken	07:21		07:40		08:50		09:50		10:30		12:00		13:24		14:10		14:30		15:00		15:30	
Esp meieri	07:22		07:41		08:51		09:51		10:31		12:01		13:25		14:11		14:31		15:01		15:31	
Leinstrand samfunnshus	07:23		07:42		08:52		09:52		10:32		12:02		13:26		14:12		14:32		15:02		15:32	
Klett	07:25		07:44		08:54		09:54		10:34		12:04		13:28		14:14		14:34		15:04		15:34	
Nypan	07:26		07:45		08:55		09:55		10:35		12:05		13:29		14:15		14:35		15:05		15:35	
Nypantunet	07:27		07:46		08:56		09:56		10:36		12:06		13:30		14:16		14:36		15:06		15:36	
Leinbakken	07:33		07:52		09:02		10:02		10:42		12:12		13:36		14:22		14:42		15:12		15:42	
Ringvål grind	07:34		07:53		09:03		10:03		10:43		12:13				14:23		14:43		15:13		15:43	
Ringvål	07:36		07:56		09:06		10:06		10:46		12:16				14:26		14:46		15:16		15:46	
Ringvål grind	07:39												13:37									
Lauglo	07:41												13:39									
Haugbjørg	07:45												13:43									
Perstu	07:46												13:44									
Myrsund	07:48												13:46									
Sørberg													13:47									
Berg bedehus													13:48									
Grindan													13:49									
Karrosserifabrikken													13:50									
Megarden													13:52									
Esp Østre													13:55									
Langlo													14:01									
Byneset kirke													14:03									
Spongdal skole	07:50																					
Spongdal	07:52												14:07									

F Fra Heimdal stasjon kjøres avvikende trasé via Klett/Leinstrand før Ringvål. Buss merket 78F / From Heimdal stasjon will alternate route via Klett/Leinstrand to Ringvål be driven. Bus is marked 78F

• Tabellen viser utvalgte holdeplasser. Se app AtB eller reisepanlegger for komplett oversikt.  
 • Tidligste passeringstider: I perioder med mye trafikk vil bussen kunne passere noen minutter senere.



• Timetable shows selected stops. Se app AtB or travel planner for a complete list.  
 • Earliest departure: During peak hours, the bus may depart a few minutes later.

mandag - fredag /  
Monday - Friday

Heimdal stasjon	15:56F	15:56	16:26F	16:26	16:56F	16:56	18:26F	18:26	19:56	19:56F	21:06	21:06F	22:46	22:46F	23:46F	23:46
Åsheim skole		15:57		16:27		16:57		18:27	19:57		21:07		22:47			23:47
Østre Lund 4		15:58		16:28		16:58		18:28	19:58		21:08		22:48			23:48
Lund		16:00		16:30		17:00		18:30	20:00		21:10		22:50			23:50
Geilmunnet		16:02		16:32		17:02		18:32	20:02		21:12		22:52			23:52
Rørmyra		16:03		16:33		17:03		18:33	20:03		21:13		22:53			23:53
Hestsjøen		16:05		16:35		17:05		18:35	20:05		21:15		22:55			23:55
Legårdsbakken snuplass		16:05		16:35		17:05		18:35	20:05		21:15		22:55			23:55
Leinbakken																
Heimdalsvegen 73	15:57		16:27		16:57		18:27		19:57		21:07		22:47		23:47	
Heggstad	15:58		16:28		16:58		18:28		19:58		21:08		22:48		23:48	
Heggstaddalen	15:59		16:29		16:59		18:29		19:59		21:09		22:49		23:49	
Esplykkja	15:59		16:29		16:59		18:29		19:59		21:09		22:49		23:49	
Lersbakken	16:00		16:30		17:00		18:30		20:00		21:10		22:50		23:50	
Esp meieri	16:01		16:31		17:01		18:31		20:01		21:11		22:51		23:51	
Leinstrand samfunnshus	16:02		16:32		17:02		18:32		20:02		21:12		22:52		23:52	
Klett	16:04		16:34		17:04		18:34		20:04		21:14		22:54		23:54	
Nypan	16:05		16:35		17:05		18:35		20:05		21:15		22:55		23:55	
Nypantunet	16:06		16:36		17:06		18:36		20:06		21:16		22:56		23:56	
Leinbakken	16:12		16:42		17:12		18:42		20:12		21:22		23:02		00:02	
Ringvål grind		16:43		17:13		18:43		20:13		21:23		23:03		00:03		
Ringvål		16:46		17:16		18:46		20:16		21:26		23:06		00:06		
Ringvål grind	16:13															
Lauglo	16:15															
Haugbjørg	16:19															
Perstu	16:20															
Myrsund	16:22															
Sørberg	16:23															
Berg bedehus	16:24															
Grindan	16:25															
Karrosserifabrikken	16:26															
Megarden	16:28															
Esp Østre	16:31															
Langlo	16:37															
Byneset kirke	16:39															
Spondal skole																
Spondal	16:43															

F Fra Heimdal stasjon kjøres avvikende trasé via Klett/Leinstrand før Ringvål. Buss merket 78F / From Heimdal stasjon will alternate route via Klett/Leinstrand to Ringvål be driven. Bus is marked 78F

• Tabellen viser utvalgte holdeplasser. Se app AtB eller reisepanlegger for komplett oversikt.  
• Tidligste passeringstider: I perioder med mye trafikk vil bussen kunne passere noen minutter senere.



• Timetable shows selected stops. Se app AtB or travel planner for a complete list.  
• Earliest departure: During peak hours, the bus may depart a few minutes later.

lørdag /  
Saturday

Heimdal stasjon	07:36	07:36F	08:36F	08:36	10:16	10:16F	11:46F	11:46	13:16	13:16F	14:46F	14:46	16:26	16:26F	17:56F	17:56	19:26	19:26F	20:46F	20:46	22:06	22:06F
Åsheim skole	07:37			08:37	10:17			11:47	13:17			14:47	16:27			17:57	19:27			20:47	22:07	
Østre Lund 4	07:38			08:38	10:18			11:48	13:18			14:48	16:28			17:58	19:28			20:48	22:08	
Lund	07:40			08:40	10:20			11:50	13:20			14:50	16:30			18:00	19:30			20:50	22:10	
Geilmunnet	07:42			08:42	10:22			11:52	13:22			14:52	16:32			18:02	19:32			20:52	22:12	
Rørmyra	07:43			08:43	10:23			11:53	13:23			14:53	16:33			18:03	19:33			20:53	22:13	
Hestsjøen	07:45			08:45	10:25			11:55	13:25			14:55	16:35			18:05	19:35			20:55	22:15	
Legårdsbakken snuplass	07:45			08:45	10:25			11:55	13:25			14:55	16:35			18:05	19:35			20:55	22:15	
Leinbakken																						
Heimdalsvegen 73	07:37	08:37			10:17	11:47			13:17	14:47			16:27	17:57			19:27	20:47			22:07	
Heggstad	07:38	08:38			10:18	11:48			13:18	14:48			16:28	17:58			19:28	20:48			22:08	
Heggstaddalen	07:39	08:39			10:19	11:49			13:19	14:49			16:29	17:59			19:29	20:49			22:09	
Esplykkja	07:39	08:39			10:19	11:49			13:19	14:49			16:29	17:59			19:29	20:49			22:09	
Lersbakken	07:40	08:40			10:20	11:50			13:20	14:50			16:30	18:00			19:30	20:50			22:10	
Esp meieri	07:41	08:41			10:21	11:51			13:21	14:51			16:31	18:01			19:31	20:51			22:11	
Leinstrand samfunnshus	07:42	08:42			10:22	11:52			13:22	14:52			16:32	18:02			19:32	20:52			22:12	
Klett	07:44	08:44			10:24	11:54			13:24	14:54			16:34	18:04			19:34	20:54			22:14	
Nypan	07:45	08:45			10:25	11:55			13:25	14:55			16:35	18:05			19:35	20:55			22:15	
Nypantunet	07:46	08:46			10:26	11:56			13:26	14:56			16:36	18:06			19:36	20:56			22:16	
Leinbakken	07:52	08:52			10:32	12:02			13:32	15:02			16:42	18:12			19:42	21:02			22:22	
Ringvål grind	07:53	08:53			10:33	12:03			13:33	15:03			16:43	18:13			19:43	21:03			22:23	
Ringvål	07:56	08:56			10:36	12:06			13:36	15:06			16:46	18:16			19:46	21:06			22:26	

F Fra Heimdal stasjon kjøres avvikende trasé via Klett/Leinstrand før Ringvål. Buss merket 78F / From Heimdal stasjon will alternate route via Klett/Leinstrand to Ringvål be driven. Bus is marked 78F



lørdag / Saturday			søndag / Sunday																			
Heimdal stasjon	23:46F	23:46	10:49	10:49F	12:19F	12:19	13:49	13:49F	15:19F	15:19	16:49	16:49F	18:19F	18:19	19:49	19:49F	21:19F	21:19	22:36F	22:49	23:25	23:25F
Åsheim skole		23:47	10:50			12:20	13:50			15:20	16:50			18:20	19:50			21:20		22:50	23:26	
Østre Lund 4		23:48	10:51			12:21	13:51			15:21	16:51			18:21	19:51			21:21		22:51	23:27	
Lund		23:50	10:53			12:23	13:53			15:23	16:53			18:23	19:53			21:23		22:53	23:29	
Geilmunnet		23:52	10:55			12:25	13:55			15:25	16:55			18:25	19:55			21:25		22:55	23:31	
Rørmyra		23:53	10:56			12:26	13:56			15:26	16:56			18:26	19:56			21:26		22:56	23:32	
Hestsjøen		23:55	10:58			12:28	13:58			15:28	16:58			18:28	19:58			21:28		22:58	23:34	
Legårdsbakken snuplass		23:55	10:58			12:28	13:58			15:28	16:58			18:28	19:58			21:28		22:58	23:34	
Leinbakken																						
Heimdalsvegen 73	23:47		10:50	12:20			13:50	15:20			16:50	18:20			19:50	21:20			22:37			23:26
Heggstad	23:48		10:51	12:21			13:51	15:21			16:51	18:21			19:51	21:21			22:38			23:27
Heggstaddalen	23:49		10:52	12:22			13:52	15:22			16:52	18:22			19:52	21:22			22:39			23:28
Esplykkja	23:49		10:52	12:22			13:52	15:22			16:52	18:22			19:52	21:22			22:39			23:28
Lersbakken	23:50		10:53	12:23			13:53	15:23			16:53	18:23			19:53	21:23			22:40			23:29
Esp meieri	23:51		10:54	12:24			13:54	15:24			16:54	18:24			19:54	21:24			22:41			23:30
Leinstrand samfunnshus	23:52		10:55	12:25			13:55	15:25			16:55	18:25			19:55	21:25			22:42			23:31
Klett	23:54		10:57	12:27			13:57	15:27			16:57	18:27			19:57	21:27			22:44			23:33
Nypan	23:55		10:58	12:28			13:58	15:28			16:58	18:28			19:58	21:28			22:45			23:34
Nypantunet	23:56		10:59	12:29			13:59	15:29			16:59	18:29			19:59	21:29			22:46			23:35
Leinbakken	00:02		11:05	12:35			14:05	15:35			17:05	18:35			20:05	21:35			22:52			23:41
Ringvål grind	00:03		11:06	12:36			14:06	15:36			17:06	18:36			20:06	21:36			22:53			23:42
Ringvål	00:06		11:09	12:39			14:09	15:39			17:09	18:39			20:09	21:39			22:56			23:45

F Fra Heimdal stasjon kjøres avvikende trasé via Klett/Leinstrand før Ringvål. Buss merket 78F / From Heimdal stasjon will alternate route via Klett/Leinstrand to Ringvål be driven. Bus is marked 78F

